

## Human Milk Oligosaccharides Sensitize Group B Streptococcus to Clindamycin, Erythromycin, Gentamycin, and Minocycline on a Strain Specific Basis

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4 **1 Human Milk Oligosaccharides (HMOs) Sensitize Group B *Streptococcus* to Clindamycin,**  
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6 **2 Erythromycin, Gentamicin, and Minocycline on a Strain Specific Basis**  
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## 1 Abstract

2 Human milk oligosaccharides (HMOs) possess antimicrobial and antibiofilm activity against  
3 Group B *Streptococcus* (GBS). HMOs were screened for their ability to potentiate antibiotic  
4 activity. We observed that HMOs potentiate the function of aminoglycosides, lincosamides,  
5 macrolides, and tetracyclines on a strain specific basis but not  $\beta$ -lactams or glycopeptides that  
6 inhibit cell wall synthesis. These findings are notable as GBS has evolved high levels of  
7 resistance toward aminoglycosides, macrolides, and tetracyclines. Finally, HMOs potentiate the  
8 function of aminoglycosides against both *Staphylococcus aureus* and *Acinetobacter baumannii*.  
9 Based on these observations, we hypothesized that HMOs act by increasing membrane  
10 permeability. This hypothesis was evaluated using a bacterial membrane permeability assay  
11 which revealed that HMOs do increase membrane permeability toward propidium iodide.

## 12 Introduction

13 The development of antibiotics is one of the most important advances in modern medicine.  
14 Antibiotics can be classified by the cellular component or system they affect and whether they  
15 induce cell death (bactericidal) or inhibit cell growth (bacteriostatic) (Figure 1A). While  
16 antibiotics that target cellular viability are effective, these agents impose selective pressures that  
17 promote the evolution of resistant phenotypes. This reality, coupled with prevalent antibiotic  
18 misuse and overuse, has created a situation wherein bacteria have developed resistance to nearly  
19 every antibiotic in clinical use.

20 Antibiotic combination therapy has emerged as an attractive alternative to address  
21 antimicrobial resistance. This approach, which involves co-administration of two or more  
22 antibiotics with different modes of action or co-administration of an antibiotic and an adjuvant  
23 that potentiates antibiotic function, can improve efficacy and suppress resistance development.<sup>1, 2</sup>

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2  
3 1 The combination of ampicillin and gentamicin, for example, is a multi-antibiotic therapy that  
4  
5 2 serves as is a front-line treatment for pediatric sepsis.<sup>3-7</sup> Conversely, augmentin is an example of  
6  
7  
8 3 an antibiotic and antibiotic adjuvant therapy. Its formulation features amoxicillin, a  $\beta$ -lactam  
9  
10 4 antibiotic, and potassium clavulanate, a  $\beta$ -lactamase inhibitor.<sup>8, 9</sup>

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12  
13 5 In a recent series of studies, we assayed heterogeneous HMOs for antimicrobial and  
14  
15 6 antibiofilm activity against *Streptococcus agalactiae* (Group B *Streptococcus*, GBS).<sup>10, 11</sup> GBS is  
16  
17 7 an important bacterial pathogen that can be transmitted from mother to child during labor and  
18  
19 8 delivery and is a leading cause of neonatal morbidity and mortality.<sup>12-15</sup> HMOs were also  
20  
21 9 evaluated against two of the ESKAPE pathogens, *Staphylococcus aureus* and *Acinetobacter*  
22  
23  
24 10 *baumannii*.<sup>16-18</sup>

25  
26 11 Our studies revealed that HMOs possessed narrow-spectrum bacteriostatic and  
27  
28 12 antibiofilm activities against GBS, strong antibiofilm activity against methicillin-resistant *S.*  
29  
30 13 *aureus* (MRSA), and weak antimicrobial activity against *A. baumannii*, a Gram-negative  
31  
32 14 pathogen. While these results support the therapeutic potential of HMOs in disease intervention,  
33  
34 15 the cellular target(s) remain unknown.<sup>19</sup> Based on our previous studies, we hypothesized that  
35  
36 16 HMOs could sensitize GBS to antibiotics. Testing this hypothesis would enable examination of  
37  
38 17 the therapeutic utility of HMOs in combination therapies as well as assist in deciphering the  
39  
40 18 mechanism(s) underlying HMO antibacterial activity.

## 41 19 **Methods and Materials**

### 42 20 **Materials**

43  
44  
45 21 Cefazolin sodium salt, 98%; (-)-Erythromycin, 98%; Gentamicin sulfate; Linezolid, 98%;  
46  
47 22 Penicillin G sodium salt, 98%; and Tobramycin, 97% were purchased from Acros Organics.  
48  
49 23 Clindamycin hydrochloride monohydrate and Vancomycin hydrochloride were purchased from  
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2  
3 1 Alfa Aesar. Ampicillin sodium salt and Amikacin were purchased from Fisher BioReagents.  
4  
5 2 Imipenem monohydrate, 98% and Meropenem trihydrate, 97+% were purchased from Ark  
6  
7 3 Pharm Inc. Doripenem hydrate, >99% was purchased from Selleck Chemical LLC. Tigecycline,  
8  
9 4 >99% was purchased from Biotang Inc. Minocycline hydrochloride, potency 849 $\mu$ g/mg was  
10  
11 5 purchased from EMD Millipore Calbiochem.  $\beta$ -galactosidase from *Kluveromyces lactis*,  $\geq$ 2600  
12  
13 6 units/g was purchased from Sigma Aldrich.  
14  
15

### 17 **HMO Isolation**

18  
19 8 Human milk was obtained from 21 healthy, lactating women between 3 days and 3 months  
20  
21 9 postnatal and stored between -80 and -20°C. De-identified milk was provided by Dr. Jörn-  
22  
23 10 Hendrik Weitkamp from the Vanderbilt Department of Pediatrics, under a collection protocol  
24  
25 11 approved by the Vanderbilt University Institutional Review Board (IRB#100897), and  
26  
27 12 Medolac. Milk samples were thawed then centrifuged for 45 minutes. Following centrifugation,  
28  
29 13 the resultant top lipid layer was removed. The proteins were then removed by diluting the  
30  
31 14 remaining sample with roughly 1:1 v/v 180 or 200 proof ethanol, chilling the sample briefly, and  
32  
33 15 centrifuging for 45 minutes followed by removal of the resulting HMO-containing supernatant.  
34  
35 16 Following concentration of the supernatant *in vacuo*, the HMO-containing extract was dissolved  
36  
37 17 in phosphate buffer (pH 6.5, 0.2 M) and heated to 37°C.  $\beta$ -galactosidase from *Kluveromyces*  
38  
39 18 *lactis* was added and the reaction was stirred until lactose hydrolysis was complete.<sup>20, 21</sup> The  
40  
41 19 reaction mixture was diluted with roughly 1:0.5 v/v 180 or 200 proof ethanol, chilled briefly,  
42  
43 20 then centrifuged for 30 minutes. The supernatant was removed and concentrated *in vacuo*, and  
44  
45 21 the remaining salts, glucose, and galactose were separated from the oligosaccharides using P-2  
46  
47 22 Gel (H<sub>2</sub>O elutant). The oligosaccharides were then dried by lyophilization.  
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### 54 **MS and MS/MS Analysis of HMO Samples**

1 HMOs were analyzed and characterized as previously described.<sup>10, 11</sup> Briefly, dried HMO  
2 samples were reconstituted in water to approximately 1 mg/mL as previously described. These  
3 solutions were deposited on a matrix-assisted laser desorption/ionization (MALDI) target plate  
4 as follows: 1  $\mu$ L HMO was spotted followed by 0.2  $\mu$ L 10 mM NaCl and 1  $\mu$ L DHB matrix (60  
5 mg/mL in 50% methanol). The spots were allowed to air dry then analyzed in positive ion mode  
6 on a 9.4T Fourier transform ion cyclotron resonance (FT-ICR) mass spectrometry (MS) (Bruker  
7 Solarix). Mass spectra were acquired in positive ion mode from  $m/z$  300-2500. Sodium ion  
8 adducts of HMOs were detected with a mass accuracy of  $>2$  ppm. MS/MS analysis was  
9 performed for selected ions with a linear ion trap mass spectrometer equipped with a MALDI  
10 source (LTQ XL, Thermo Scientific). Selected sodium adduct ions of interest were isolated with  
11 a 1 amu window and fragmented via CID using a collision energy of 35 eV. General HMO  
12 composition for donors of varying Lewis blood groups determined using MS fragmentation  
13 patterns were previously disclosed.<sup>10, 22</sup>

#### 14 **Bacterial Strains and Culture Conditions**

15 Bacterial strains are shown in Table S1. All strains were grown on tryptic soy agar plates  
16 supplemented with 5% sheep blood (blood agar plates) at 37°C in ambient air overnight. All  
17 strains were subcultured from blood agar plates into 5 mL of Todd-Hewitt broth (THB) and  
18 incubated under shaking conditions at 180 RPM at 37°C overnight. Following overnight  
19 incubation, bacterial density was quantified through absorbance readings at 600 nm ( $OD_{600}$ )  
20 using a Promega GloMax-Multi Detection System plate reader. Bacterial numbers were  
21 determined using the predetermined coefficient of  $1 OD_{600} = 10^9$  CFU/mL.

#### 22 **HMO Bacterial Biofilm Assays**

1 HMO antimicrobial and antibiofilm activities for 3 new donor samples were determined as  
2 previously described.<sup>10, 11</sup> Antimicrobial and antibiofilm activity results for the remaining HMO  
3 samples were previously disclosed.<sup>10, 11</sup>

#### 4 **Broth Microdilution Method for Determination of Minimum Inhibitory Concentrations**

5 All strains were grown overnight as described above and used to inoculate fresh THB or THB +  
6 with 1% glucose to achieve  $5 \times 10^5$  CFU/mL. To 96 well tissue culture treated, sterile  
7 polystyrene plates was added the inoculated media in the presence of increasing concentrations  
8 of antibiotic or HMO cocktail to achieve a final volume of 100  $\mu$ L per well. Bacteria grown in  
9 media in the absence of any compounds served as the controls. The plates were incubated under  
10 static conditions at 37°C in ambient air for 24 h. Bacterial growth was quantified through  
11 absorbance readings ( $OD_{600}$ ). The minimum inhibitory concentrations (MICs) were assigned at  
12 the lowest concentration of compound at which no bacterial growth was observed.

#### 13 **Broth Microdilution Method for Antibiotic Sensitization**

14 All strains were grown overnight as described above and the subcultures used to inoculate fresh  
15 THB or THB + 1% glucose to achieve  $5 \times 10^5$  CFU/mL. Freshly inoculated media was then  
16 supplemented with HMOs. To 96 well tissue culture treated, sterile polystyrene plates was added  
17 the inoculated media supplemented with HMOs in the presence of increasing concentrations of  
18 antibiotic. Bacteria grown in media in the absence of any compounds served as one control.  
19 Bacteria grown in media supplemented with HMOs in the absence of any antibiotic served as a  
20 second control. MICs were determined as previously described.

#### 21 **Bacterial Membrane Permeabilization Assay**

22 In order to assess bacterial cell membrane integrity after exposure to HMOs, a LIVE/DEAD™  
23 BacLight™ assay (Invitrogen, ThermoFisher) was employed. All strains were grown overnight

1 as described above and used to inoculate fresh THB or THB + with 1% glucose to achieve 5 x  
2 10<sup>5</sup> CFU/mL. To 96 well tissue culture treated, sterile polystyrene plates was added the  
3 inoculated media in the presence of the following HMO concentrations: 0, 0.32, 0.64, 1.28, 2.56,  
4 5.125, 10.25, 20.5 mg/mL. Following incubation under static conditions at 37°C in ambient air  
5 for 24 h, cells were stained with propidium iodide (PI) and SYTO 9 (8 µl/mL) for 15 minutes  
6 prior to reading with a Promega Glomax plate reader for excitation/emission 525 nm/580-640  
7 nm (green; SYTO 9) and 625nm/660-720 nm (red, PI). Percent ratio of green to red fluorescence  
8 was calculated ( $\text{Ratio}_{\text{green/red}} \times 100$ ). Three biological replicates were used and statistical  
9 significance was calculated using Student's t test comparison to bacteria grown in medium alone  
10 (\*P<0.05).

### 11 **Statistical Analysis**

12 The data for the HMO antimicrobial and antibiofilm screens represent 3 independent  
13 experiments each with 3 technical replicates. Data are expressed as the mean biomass and/or  
14 biofilm/biomass ± SEM. Statistical analyses were performed in GraphPad Prism Software v.  
15 7.0c. Statistical significance was determined using one-way ANOVA with *posthoc* Dunnett's  
16 multiple comparison test comparing growth and/or biofilm production in the presence of ca. 5  
17 mg/mL HMOs to growth and/or biofilm production in media alone. All antibiotic-only and all  
18 antibiotic + HMO antibiotic MIC values against GBS represent at least 3 independent trials each  
19 with 3 technical replicates. HMO IC<sub>50</sub> curves were generated in GraphPad Prism Software v.  
20 7.0c. using an inhibition dose-response nonlinear regression curve fit for log(inhibitor) vs.  
21 normalized response with a variable slope. All antibiotic-only MIC values against *S. aureus* and  
22 *A. baumannii* represent at least 3 independent trials each with 3 technical replicates. For *S.*  
23 *aureus*, the following antibiotic + HMO antibiotic MIC values represent 1 trial with 3 technical

1 replicates: cefazolin, vancomycin, clindamycin, erythromycin, and linezolid. The gentamicin +  
2 HMO antibiotic MIC value represents at least 3 independent trials each with 3 technical  
3 replicates. For *A. baumannii*, the following antibiotic + HMO antibiotic MIC values represent 1  
4 trial with 3 technical replicates: imipenem, meropenem, minocycline, tigecycline, doripenem.  
5 The amikacin and tobramycin + HMO antibiotic MIC values represent at least 3 independent  
6 trials each with 3 technical replicates.

## 7 **Results and Discussion**

8         In the present study, we elected to use heterogeneous HMO mixtures as opposed to single  
9 compounds as recent work from our laboratory has shown that while there are several  
10 pharmacophoric units in human milk, individual HMOs are less effective against bacterial  
11 pathogens than heterogeneous mixtures. In a similar vein, studies from the Bode and Chen  
12 laboratories have found that while various disialylated HMOs can prevent necrotizing  
13 enterocolitis (NEC) in a neonatal rat model, these single compounds are less effective than  
14 heterogeneous HMO samples.<sup>23-25</sup>

15         We screened three strains of GBS of varying serotypes (GB2, GB590, and CNCTC  
16 10/84) to determine whether antibiotic potentiation was strain specific. GBS strains can be  
17 divided into 10 distinct serotypes (Ia, Ib, II to IX) based on a serological reaction directed  
18 against the polysaccharide capsule.<sup>26, 27</sup> GB2, GB590, and CNCTC 10/84 are serotype Ia, III, and  
19 V strains respectively. Serotypes Ia, III, and V are currently the most common isolates associated  
20 with early-onset disease in the United States as they comprise over 80% of isolates.<sup>28</sup> Type III  
21 GBS are the most prevalent isolates associated with neonatal disease in the developed world.<sup>29, 30</sup>  
22 We elected to evaluate the following antibiotics: penicillin, ampicillin, cefazolin, vancomycin,  
23 clindamycin, gentamicin, erythromycin, linezolid, and minocycline.  $\beta$ -lactams are the

1 recommended antibiotic for intrapartum antibiotic prophylaxis (IAP) for the prevention of early-  
2 onset GBS disease, while clindamycin and vancomycin are used for patients with  $\beta$ -lactam  
3 allergies who are at low risk for anaphylaxis.<sup>31</sup> Erythromycin was previously recommended as an  
4 alternative antibiotic for women at high risk of anaphylaxis. However, due to the evolution of  
5 macrolide resistance, current guidelines no longer recommend erythromycin.<sup>32-34</sup> While  
6 aminoglycosides and tetracyclines are not used to treat GBS infection, the prevalence of GBS  
7 resistance to these classes made these antibiotics intriguing areas of focus for combination  
8 therapies.<sup>35</sup> Their mode of actions could also assist with mechanistic analysis.

9         In the opening stages of the program, HMOs were isolated from the milk of 21 donors  
10 and pooled to create a cocktail. Minimum inhibitory concentrations (MICs) of the cocktail and  
11 all antibiotics were determined in both Todd Hewitt broth (THB) and THB supplemented with  
12 1% glucose using a microbroth dilution assay (Tables 1 and 2). In all cases, the MIC of the  
13 cocktail was found to be 10.25 mg/mL. Interestingly, at concentrations below 5 mg/mL (low end  
14 of physiological concentration), HMOs were generally observed to promote bacterial growth.  
15 Strain and media-specific HMO IC<sub>50</sub> values are shown in Table 3. For combination studies,  
16 HMOs were dosed at their IC<sub>50</sub> values except for treatments against CNCTC 10/84 and GB590 in  
17 THB where HMOs were dosed at 5.0 mg/mL. In THB, the HMO IC<sub>50</sub> curves for CNCTC 10/84  
18 and GB590 were not reflective of the biomass data (see SI). All HMO concentrations used in this  
19 study are at the low end of physiological concentrations of 5-25 mg/mL.<sup>36</sup>

20         While the extent of antibiotic potentiation varied among strains and growth conditions,  
21 overarching patterns of activity potentiation did emerge. First, no potentiation was observed  
22 against any strain in either growth condition for the  $\beta$ -lactams (including cephalosporins) or  
23 vancomycin (glycopeptide) (Tables 1, 2 and SI). Second, aside from linezolid (oxazolidinone)

1 which saw no significant MIC fold reduction for any strain in either growth condition, all other  
2 ribosome-targeting antibiotics saw significant fold reductions against at least one GBS strain.  
3 Most notable were gentamicin (aminoglycoside) and erythromycin (macrolide). These antibiotics  
4 saw the most consistent activity potentiation and the largest MIC reductions, which reached as  
5 high as 32-fold.

6 Strain-specific GBS susceptibility was found to be dependent on the nutritional content of  
7 the growth media. For example, while GB2 was the strain most globally affected by HMO  
8 supplementation in THB, in THB + 1% glucose, supplementation had no significant effect on the  
9 activity of any antibiotic. While HMOs sensitized CNCTC 10/84 and GB590 to a similar list of  
10 antibiotics, the magnitude of MIC fold reductions was highly variable. Perhaps the most striking  
11 example of this observation is clindamycin against CNCTC 10/84. In THB, HMO  
12 supplementation resulted in only a 2-fold reduction while in THB + 1% glucose, HMO  
13 supplementation caused a 16-fold reduction.

14 Encouraged by these results, we next investigated whether the patterns of antibiotic  
15 potentiation observed against GBS were extendable to another Gram-positive pathogen, *S.*  
16 *aureus*. For antibiotic sensitization trials against *S. aureus*, HMOs were dosed at 5.0 mg/mL; the  
17 HMO cocktail did not completely inhibit bacterial growth even at 20 mg/mL (high end of  
18 physiological concentration) so no IC<sub>50</sub> concentrations could be determined. Initial screens in  
19 THB and THB + 1% glucose revealed that the only significant antibiotic MIC fold reduction was  
20 for gentamicin in THB + 1% glucose (Table 4 and SI). Additional trials confirmed an 8-fold  
21 MIC reduction for gentamicin when dosed in combination with HMOs in THB + 1% glucose.

22 As a final point of study, we investigated whether HMOs could sensitize a Gram-negative  
23 pathogen, *A. baumannii*, to small molecule antibiotics. The following antibiotics were used in

1 combination treatments: amikacin, tobramycin, minocycline, tigecycline, and doripenem. An  
2 initial screen revealed similar patterns of antibiotic potentiation as were seen with the Gram-  
3 positive pathogens. Similar to GBS and *S. aureus*, no antibiotic potentiation was seen for  
4 antibiotics that inhibit cell wall synthesis (Table 5 and SI). Furthermore, as with *S. aureus*, the  
5 only significant antibiotic MIC fold reductions for *A. baumannii* were seen with the  
6 aminoglycosides. Additional trials corroborated 4-fold MIC reductions for both amikacin and  
7 tobramycin in THB. No significant fold reductions were seen for any antibiotic in THB + 1%  
8 glucose (see SI).

9 The results presented above parallel a previous experiment from our lab wherein we  
10 demonstrated that HMOs could potentiate the activity of polymyxin B against GBS. Polymyxins  
11 are used in the treatment of Gram-negative bacterial infections but are generally inactive against  
12 Gram-positive species like GBS.<sup>37-40</sup> Mechanistically, polymyxins are believed to target bacterial  
13 cellular membranes.<sup>41</sup> In Gram-negative bacteria, the cell membrane is the outer-most layer. In  
14 Gram-positive bacteria, however, the cell membrane is protected by a thick peptidoglycan layer.  
15 Thus, if HMOs damage the peptidoglycan layer, this action would theoretically provide greater  
16 access to the cellular membrane and account for the potentiation of polymyxin B activity. Based  
17 on this analysis, we hypothesize that HMOs increase cellular permeability. This mode of activity  
18 is characteristic of the role of  $\beta$ -lactams in combination therapies with aminoglycosides.<sup>42</sup>

19 A recent study from the Bode laboratory provides a premise for this hypothesis.<sup>43</sup> In this  
20 study, Bode and coworkers identified a GBS serotype III mutant that exhibited normal growth  
21 despite exposure to an HMO mixture. The observed resistance was attributed to inactivation of  
22 the gene *gbs0738*, a glycosyltransferase of the carbohydrate active enzymes (CAZY) GT-8

1 family which is conserved across numerous GBS subspecies of varying serotypes. They  
2 hypothesized that this glycosyltransferase could either promiscuously incorporate HMOs into the  
3 capsular polysaccharide structure or into the peptidoglycan/glycan-binding proteins of the cell  
4 wall. The first of these hypotheses was disproven when they observed that a GBS serotype III  
5 capsule-deficient mutant remained susceptible to HMO exposure. In the present study, we aimed  
6 to test our central hypothesis that HMOs increase cellular permeability.

7 To determine if HMO inhibition of bacterial growth and viability is associated with cognate  
8 changes in bacterial cell membrane integrity, the LIVE/DEAD™ BacLight™ assay (Invitrogen,  
9 ThermoFisher) was used (Figure 2). Briefly, this assay employs two stains, SYTO 9, which  
10 passes through intact membranes to stain cells green, and propidium iodide (PI), a larger  
11 molecule which can only pass through membranes that have breached integrity to stain cells red  
12 (associated with dead cells). Propidium iodide can quench the signal of SYTO 9, thus, a ratio of  
13 SYTO 9 to PI signal yields a measurement of live to dead cells or intact to non-intact cell  
14 membranes. GB590 grown in THB alone exhibited a LIVE/DEAD cell ratio of 100 +/- SEM 1.3.  
15 Interestingly, exposure to 2.56 mg/mL of HMOs resulted in a 33% decrease LIVE/DEAD cell  
16 ratio (P=0.00168), 5.125 mg/mL of HMO's resulted in a 27% decrease, and both 10.25 mg/mL  
17 and 20.5 mg/mL of HMO's resulted in a 28% decrease in LIVE/DEAD cell ratio (P=0.0011 and  
18 P=0.00044, respectively). Similar results were seen with strains GB2 and CNCTC 10/84 as these  
19 strains also exhibited significant decreases in membrane integrity at 2.56, 5.125, 10.25, and 20.5  
20 mg/mL of HMOs (P<0.05). The addition of glucose to the growth medium inhibited this  
21 phenotype at 2.56 mg/mL HMOs in all three strains, but membrane integrity was significantly  
22 perturbed in the presence of glucose at HMO concentrations of 10.25 mg/mL and higher  
23 (P<0.05). These results indicate that the HMOs are in fact altering GBS cell membrane integrity

1  
2  
3 1 in a dose-dependent fashion and could be altering downstream processes such as proton motive  
4  
5 2 force.  
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7  
8 3 In this study, we have observed that HMOs potentiate the activity of four classes of antibiotics  
9  
10 4 with intracellular targets (aminoglycosides, lincosamides, macrolides, and tetracyclines) across  
11  
12 5 multiple bacterial strains but do not potentiate the activity of cell wall targeting antibiotics ( $\beta$ -  
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14 6 lactams, cephalosporins, glycopeptides, carbapenems). This result is particularly notable as  
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16 7 HMOs have been shown to act as bacteriostatic agents, yet bacteriostatic agents are often  
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18 8 observed to antagonize the actions of bactericidal antibiotics.<sup>44</sup> Against GBS, HMO combination  
19  
20 9 treatments resulted in up to a 16-fold MIC reduction for clindamycin, a 32-fold reduction for  
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22 10 erythromycin, a 16-fold reduction for gentamicin, and a 32-fold reduction for minocycline.  
23  
24 11 Furthermore, HMO supplementation significantly reduced the MIC concentrations of  
25  
26 12 aminoglycosides against 2 of the ESKAPE pathogens. We observed an 8-fold reduction for  
27  
28 13 gentamicin against *S. aureus* and 4-fold reductions for amikacin and tobramycin against *A.*  
29  
30 14 *baumannii*. The consistent aminoglycoside potentiation across both Gram-positive and Gram-  
31  
32 15 negative species is particularly notable. While aminoglycosides are effective antibiotics, the  
33  
34 16 nephrotoxicity of this class limits their utility.<sup>45, 46</sup> Thus, the ability of HMOs, which are not toxic  
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36 17 at any concentration, to lower the effective dosage of aminoglycosides holds real therapeutic  
37  
38 18 promise.  
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42 19 The HMO-fostered activity potentiation observed for clindamycin and erythromycin is  
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44 20 particularly promising in the prevention of GBS transmission as these two drugs are still  
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46 21 considered to be IAP-recommended antibiotics despite the fact that they are becoming less and  
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48 22 less effective due to resistance development. Alarming, a recent study by the CDC on  
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50 23 antimicrobial susceptibilities among GBS isolates revealed that approximately 25% of isolates  
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3 1 are resistant to clindamycin and nearly 50% of isolates are resistant to erythromycin.<sup>47</sup> Our  
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5 2 findings demonstrate the feasibility of sensitizing GBS to antibiotics that have failed or are  
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7 3 struggling in the clinic thus offering new insights into the battle against antimicrobial  
8  
9 4 resistance.<sup>35</sup>

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11  
12 5 A final point of emphasis is that all HMO concentrations used in combination treatments were  
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14 6 at the low end of physiological concentrations. Additionally, while the millimolar HMO cocktail  
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16 7 IC<sub>50</sub> values may appear high in comparison to typical micromolar antimicrobial dosages, we  
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18 8 remind the reader that HMOs are delivered to the infant in multi-gram doses per day. In this  
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20 9 context, the millimolar HMO dosages used in this study are impressive as is the fact that these  
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22 10 molecules themselves are bactericidal at the high end of physiological concentrations.  
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26 11 While HMOs generally potentiated clindamycin, gentamicin, erythromycin, and minocycline  
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28 12 activity across multiple strains, we highlight that in the context of GBS, activity potentiation is  
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30 13 strain specific. This result provides support to a central goal of our program: the development of  
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32 14 narrow-spectrum, strain specific chemotherapeutic regimens.  
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### 35 **Supporting Information**

36  
37 16 This material is available free of charge on the ACS Publications website at [pubs.acs.org](https://pubs.acs.org):  
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39

- 40 17 • Bacterial strains and sources
- 41  
42 18 • New HMO donor samples; antimicrobial and antibiofilm activity summary tables
- 43  
44 19 • HMO IC<sub>50</sub> curves against GBS
- 45  
46 20 • HMO antibiotic sensitization data

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### 25 26 27 28 29 **Potential conflict of interests**

30  
31 13 The authors declare no competing financial interest.

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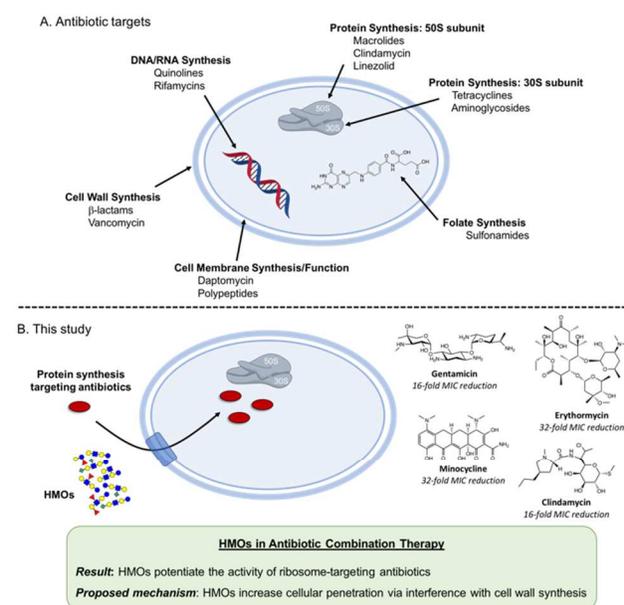
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40 17 **Figure Legends=**

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42 18 **Figure 1.** A) Antibacterial targets for common classes of antibiotics. B) HMOs potentiate the  
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44 19 activity of several ribosome-targeting antibiotics.

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47 20 **Figure 2.** LIVE/DEAD™ BacLight™ assay to evaluate bacterial cell membrane integrity  
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49 21 reveals that exposure to increasing concentrations of HMOs results in decreased cell integrity as  
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51 22 determined by ratio of green fluorescence (SYTO 9 stain of intact cells) to red fluorescence (PI  
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53 23 stain of non-intact cells). \*P<0.05, Student's t test, N=3 replicates.  
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3 **1** Figure 1.  
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27 **Table 1:** Antibiotic sensitization data for HMOs against *S. agalactiae* (GBS) in THB<sup>a,b</sup>  
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Antibiotic	<i>S. agalactiae</i> CNCTC 10/84			<i>S. agalactiae</i> GB590			<i>S. agalactiae</i> GB2		
	MIC	MIC	Fold Reduction	MIC	MIC	Fold Reduction	MIC	MIC	Fold Reduction
	without HMO	with HMO <sup>c</sup>		without HMO	with HMO <sup>c</sup>		without HMOs	with HMO <sup>c</sup>	
Penicillin	0.03	0.015	2	0.03	0.03	0	0.03	0.015	2
Ampicillin	0.0625	0.0312	2	0.0625	0.0625	0	0.125	0.0625	2
Cefazolin	0.125	0.0625	2	0.125	0.0625	2	0.125	0.0625	0
Vancomycin	2	1	2	1	0.5	2	1	0.5	2
Clindamycin	0.0325	0.0156	2	0.0312	0.0156	2	0.0312	0.0078	4
Gentamycin	16	2	<b>8</b>	16	1	<b>16</b>	16	2	<b>8</b>
Erythromycin	0.0156	0.0019	<b>8</b>	0.0312	0.001	<b>32</b>	0.0156	0.001	<b>16</b>
Linezolid	2	1	2	2	1	2	2	1	2
Minocycline	0.0625	0.0019	<b>32</b>	4	0.5	<b>8</b>	2	0.25	<b>8</b>

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54 <sup>a</sup>All MIC values are given in μg/mL.55 <sup>b</sup>Significant MIC fold reductions are bolded.  
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<sup>c</sup>HMOs were dosed against CNCTC 10/84, GB590, and GB2 at 5.0 mg/mL.

**Table 2:** Antibiotic sensitization data for HMOs against *S. agalactiae* (GBS) in THB + 1% glucose<sup>a,b</sup>

Antibiotic	<i>S. agalactiae</i> CNCTC 10/84			<i>S. agalactiae</i> GB590			<i>S. agalactiae</i> GB2		
	MIC	MIC	Fold	MIC	MIC	Fold	MIC	MIC	Fold
	without HMO	with HMO <sup>c</sup>	Reduction	without HMO	with HMO <sup>c</sup>	Reduction	without HMO	with HMO <sup>[b]</sup>	Reduction
Penicillin	0.03	0.12	0	0.03	0.06	0	0.03	0.06	0
Ampicillin	0.125	0.125	0	0.0625	0.125	0	0.0625	0.125	0
Cefazolin	0.125	0.125	0	0.125	0.125	0	0.125	0.125	0
Clindamycin	0.0625	0.004	<b>16</b>	0.0625	0.0156	<b>4</b>	0.0312	0.0156	2
Gentamicin	32	2	<b>16</b>	32	4	<b>8</b>	32	16	2
Erythromycin	0.0312	0.0078	<b>4</b>	0.125	0.0156	<b>8</b>	0.0312	0.0156	2
Linezolid	2	1	2	2	1	2	2	2	0
Minocycline	0.0312	0.0156	2	4	1	<b>4</b>	0.25	0.125	2

<sup>a</sup>All MIC values are given in  $\mu\text{g/mL}$ .

<sup>b</sup>Significant MIC fold reductions are bolded.

<sup>c</sup>HMOs were dosed against CNCTC 10/84, GB590, and GB2 at 5.0 mg/mL.

**Table 3.** HMO IC<sub>50</sub> values against 3 strains of *S. agalactiae* (GBS)<sup>a</sup>

	<i>S. agalactiae</i>	<i>S. agalactiae</i>	<i>S. agalactiae</i>
	CNCTC 10/84	GB590	GB2
THB	7.25	7.24	5.04
THB + 1% glc	5.83	5.51	4.45

<sup>a</sup>All IC<sub>50</sub> values are given in mg/mL.

**Table 4.** Antibiotic sensitization data for HMOs against *S. aureus* in THB + 1% glucose<sup>a,b</sup>

Antibiotic	MIC without HMOs	MIC with HMOs	Fold Reduction
Cefazolin	8	8	0
Vancomycin	8	8	0
Clindamycin	0.25	0.25	0
Gentamicin	4	0.5	<b>8</b>
Erythromycin	32	32	0
Linezolid	1.7	3.4	0

<sup>a</sup>All MIC values are given in  $\mu\text{g/mL}$ .

<sup>b</sup>Significant MIC fold reductions are bolded.

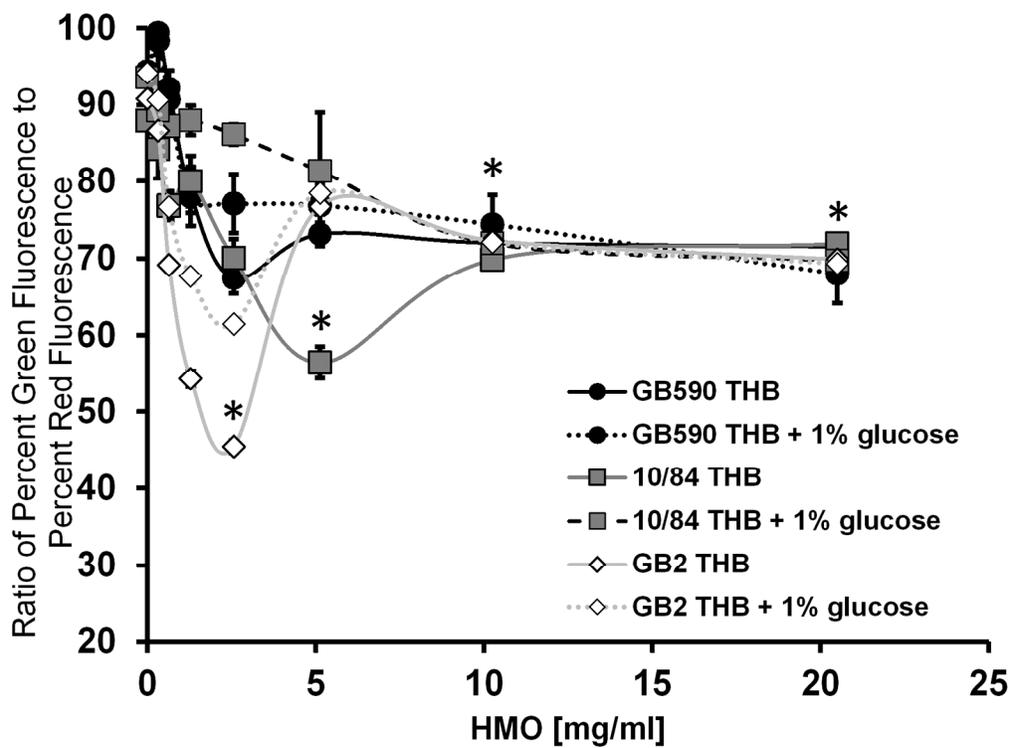
**Table 5.** Select antibiotic sensitization data for HMOs against *A. baumannii* in THB<sup>a</sup>

Antibiotics	MIC without HMOs	MIC with HMOs	Fold Reduction
Amikacin	16	4	<b>4</b>
Tobramycin	8	2	<b>4</b>
Imipenem	0.5	1	0
Meropenem	1	1	0
Minocycline	0.31	0.31	0
Tigecycline	0.0625	0.125	0
Doripenem	0.5	1	0

<sup>a</sup>All MIC values are given in  $\mu\text{g/mL}$ .

<sup>b</sup>Significant MIC fold reductions are bolded.

Figure 2.



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