

Q1 Overexpression of SIRT1 Inhibits Corticosterone-Induced AutophagyQ3 Q2 Yuting Jiang,^a Benson O.A. Botchway,^a Zhiying Hu^b and Marong Fang^{a*}¹⁰ ^aInstitute of Neuroscience, Zhejiang University School of Medicine, Hangzhou, China¹¹ ^bHangzhou Red Cross Hospital, Hangzhou, China

Abstract—Individuals continuously confronted with various stresses in modern life generate high levels of cortisol (corticosterone in rodents), the major glucocorticoid secreted by adrenal gland when hypothalamic–pituitary–adrenal axis is activated. Chronic stress can induce constant release of glucocorticoid and cause many serious health problems, such as mental disorders, cardiovascular diseases and autoimmune diseases. Many studies have suggested the neurotoxic effect of corticosterone is mediated through increased oxidative stress and apoptosis. Although SIRT1 has been shown to be protective against conditions such as DNA damage and oxidative stress through autophagy regulation, the exact role of SIRT1 and autophagy in corticosterone-induced stress is still unclear. By utilizing a cellular stress model of exposing cells to corticosterone, our study found that there were a dose-dependent decrease in SIRT1 and an increase in LC3B II/I expressions with increasing concentrations of corticosterone. In combination with SIRT1 overexpression and knock-down plasmids, the regulation of SIRT1 expression *in vitro* demonstrated that SIRT can inhibit corticosterone-induced autophagy and enhance cell apoptosis. These findings might help us better understand the role of SIRT1 and autophagy activation in chronic stress. © 2019 IBRO. Published by Elsevier Ltd. All rights reserved.

Key words: hypothalamic–pituitary–adrenal axis, corticosterone, chronic stress, SIRT1, autophagy.

INTRODUCTION

Corticosterone (CORT) is a glucocorticoid released by the adrenal glands in rodents and birds (cortisol in humans) following the activation of hypothalamic–pituitary–adrenal (HPA) axis by stress (Cain and Cidlowski, 2017; Filipović et al., 2017). CORT can increase the blood pressure and energy metabolism rate, which in turn plays a fundamental role in the ability of the body to cope with emergencies (Spiers et al., 2015). The hyperactivity of HPA axis induced by chronic stress can result in the constant secretion of CORT, which can cause psychological and immune alterations. This, in turn, can result in diseases such as depression, diabetes

and autoimmune disease. Exogenous treatment with gluco- 38
corticoid and excessive endogenous glucocorticoid found in 39
Cushing's disease culminate in cerebral atrophy, cognitive 40
impairment and neuropsychiatric disorders such as depres- 41
sion and anxiety (Belanoff et al., 2001; McEwen, 2007; Judd 42
et al., 2014). The underlying mechanism might include dimin- 43
ished dendritic branching, myelinogenesis and synaptic con- 44
nections between neurons, suppressed glutamate 45
neurotransmission and decreased neurotrophic factors like 46
BDNF in key brain regions such as hippocampus and prefrontal 47
cortex (Brown, 2009; Tata and Anderson, 2010; Popoli et 48
al., 2011). The dysregulation of HPA axis is also implicated 49
in the pathology of neurodegenerative diseases such as Alz- 50
heimer's disease (AD), Parkinson's disease (PD) and Hun- 51
tington's disease (HD) (Du and Pang, 2015). Several 52
studies have demonstrated the correlation between elevated 53
plasma glucocorticoid levels and AD pathology (Csemansky 54
et al., 2006; Baglietto-Vargas et al., 2013). High levels of cir- 55
culating cortisol can accelerate A β deposition and tau phos- 56
phorylation (Green et al., 2006). Treatment with the 57
glucocorticoid receptor antagonist Mifepristone can alleviate 58
the molecular pathological changes associated with A β 59
deposition and tau phosphorylation and also relieve the 60
symptoms such as cognitive impairment (Baglietto-Vargas 61
et al., 2013). Both *in vivo* and *in vitro* studies have shown that 62
CORT could enhance cell apoptosis and neurotoxicity by 63

*Corresponding author at: 866 Yuhangtang Road, Hangzhou, 310058, China, Institute of Neuroscience, School of Medicine, Zhejiang University, 88208160; fax: +86 571 88208094. E-mail address: fangmaro@zju.edu.cn (Marong Fang).

Abbreviations: CORT, corticosterone; HPA, hypothalamic–pituitary–adrenal; ROS, reactive oxygen species; AD, Alzheimer's disease; PD, Parkinson's disease; HD, Huntington's disease; Sirtuin, silent mating type information regulation 2 homolog; NAD, nicotinamide adenine dinucleotide; PPAR γ , peroxisome proliferator-activated receptor γ ; PGC1- α , peroxisome proliferator-activated receptor gamma coactivator 1- α ; NF- κ B, nuclear factor kappa-light-chain-enhancer of activated B cells; FOXO, forkhead box protein O; Atg5, autophagy-related protein 5; LC3, microtubule-associated proteins 1 light chain 3; PE, phosphatidylethanolamine; VSC 4.1 cells, ventral spinal cord 4.1 cells; EGFP, enhanced green fluorescent protein.

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64 increasing oxidative stress and generation of reactive oxygen
65 species (ROS) (Behl et al., 1997; Gao et al., 2015; Spiers et
66 al., 2015; Filipović et al., 2017).

67 Silent mating type information regulation 2 homolog 1
68 (SIRT1) is an NAD (nicotinamide adenine dinucleotide)-
69 dependent histone deacetylase with a wide range of sub-
70 strates besides histones. This family of proteins is highly
71 conserved in organisms. The longevity protein, Sir2 (SIRT1
72 homolog), was first identified in yeast (Michan and Sinclair,
73 2007). While the role of SIRT1 in lifespan extension is still
74 not clear, it has been implicated in multiple cellular activities,
75 such as transcriptional silencing, cell survival and mainte-
76 nance of energy and metabolic homeostasis (Kim et al.,
77 2016). These functions are mediated through interactions
78 with different proteins. By deacetylation of transcription fac-
79 tors such as PPAR γ (peroxisome proliferator-activated recep-
80 tor γ) and PGC1- α (peroxisome proliferator-activated receptor
81 gamma coactivator 1-alpha), SIRT1 can regulate hepatic glu-
82 coneogenesis and insulin secretion (Picard et al., 2004;
83 Nemoto et al., 2005). SIRT1 can also influence cell fate in
84 response to oxidative stress through deacetylation of p53,
85 NF- κ B (nuclear factor kappa-light-chain-enhancer of ac-
86 tivated B cells) and FOXO (forkhead box protein O) (Luo et
87 al., 2001; Brunet et al., 2004; Yeung et al., 2004; Solomon
88 et al., 2006).

89 Autophagy is a cellular bulk degradation process that
90 assists cells in clearing damaged cytosolic organelles and
91 misfolded proteins. During starvation, it assists in generat-
92 ing energy from the breakdown of products (Rabinowitz
93 and White, 2010). Both SIRT1 and autophagy are involved
94 in calorie restriction and age-related pathologies, with sev-
95 eral studies showing that SIRT1 can directly regulate autop-
96 hagy through deacetylating proteins like autophagy-related
97 protein 5 (Atg5) and FOXO1 during nutritional deprivation
98 and oxidative stress (Lee et al., 2008; Rabinowitz and
99 White, 2010; Ou et al., 2014a). Atg5 and microtubule-
100 associated proteins 1 light chain 3 (LC3) are both key
101 proteins involved in the elongation of autophagosome mem-
102 brane, which makes them good markers for studying autop-
103 hagy level. LC3 is the mammalian homolog of yeast Atg8,
104 and its most studied isoform is LC3B. The newly translated
105 LC3 protein is cleaved by Atg4 protease at its C-terminus
106 and becomes LC3-I. After the initiation of autophagy, the
107 exposed C-terminal glycine of LC3-I is conjugated to phos-
108 phatidylethanolamine (PE) by a series of ubiquitination-like
109 reactions, resulting in the formation of membrane-bound
110 LC3B-II. Thus, the expression ratio of LC3-II to LC3-I is an
111 important indicator of autophagy. The ubiquitin-binding pro-
112 tein p62 can directly bind to LC3B, and be degraded in
113 autophagosome along with its associated ubiquitinated pro-
114 teins. Thus, the degradation of p62 can also be used as a
115 protein marker of autophagy.

116 SIRT1 has been shown as a cellular guardian against
117 diverse oxidative stress and DNA damage (Luo et al.,
118 2001; Haigis and Guarente, 2006). However, the role of
119 SIRT1 in CORT induced stress has not yet been deci-
120 phered. Ventral spinal cord (VSC 4.1) cell is a motor neuron
121 hybrid cell line generated by the fusion of embryonic rat ven-
122 tral spinal cord neuron with mouse N18TG2 neuroblastoma

cell, and has both neuronal markers (such as neurofilament- 123
H, synaptophysin, neuron-specific enolase) and cholinergic 124
marker (i.e. choline acetyltransferase) (Smith et al., 1994; 125
Ferguson and Subramanian, 2016). This study was aimed 126
at elucidating the connection between SIRT1 and autop- 127
hagy in CORT-induced stress. In doing so, we used a cell 128
stress model by exposing VSC 4.1 cells to high levels of 129
CORT and overexpressed or knocked down SIRT1 *in vitro*. 130
We found that SIRT1 can inhibit CORT induced autophagy 131
and enhance apoptosis, which would shed light on the con- 132
nection between SIRT1 and autophagy in CORT induced 133
stress. 134

135 EXPERIMENTAL PROCEDURES

136 Materials

VSC 4.1 cells were purchased from Shanghai Cell Institute 137
of Chinese Academy of Sciences. CORT was purchased 138
from Selleckchem. Cell counting kit-8 (CCK-8) was obtained 139
from Dojindo Laboratories (Kumamoto, JP). Primary antibo- 140
dies: anti-SIRT1 antibody (1:1000, Cell Signaling Technol- 141
ogy), anti-Atg5 antibody (1:1000, Abcam), anti-p62 142
antibody (1:200, Abnova), anti-LC3B antibody (1:1000, 143
Novus), anti-GAPDH antibody (1:1000, Cell Signaling 144
Technology). Secondary antibodies: HRP-conjugated goat 145
anti-rabbit IgG (1:5000, Biotok), HRP-conjugated goat anti- 146
mouse IgG (1:8000, EarthOX). jetPRIME Transfection 147
Reagent was purchased from Polyplus Transfection (Ill- 148
kirch, FR). Plasmid encoding human_SIRT1-P2A-EGFP 149
(enhanced green fluorescent protein) and its EGFP control 150
vector were purchased from OBiO Technology (Shanghai, 151
CN). SIRT1-specific shRNA and control shRNA were 152
purchased from Hanbio Biotechnology (Shanghai, CN). 153
Bestar qPCR RT and Bestar SybrGreen qPCR mastermix 154
kit were obtained from DBI Bioscience (Ludwigshafen, 155
DE). *In Situ* Cell Death Detection Kit was supplied by Roche 156
(Basel, CH). VECTASHIELD Antifade Mounting Medium 157
with DAPI was purchased from Vector laboratories 158
(Burlingame, CA). 159

160 Cell Culture and CORT Treatment

Cells were cultured in Roswell Park Memorial Institute 161
(RPMI) 1640 medium supplemented with 5% fetal bovine 162
serum and 1% penicillin–streptomycin antibiotic at 37 °C 163
in a highly humidified atmosphere containing 5% CO₂. Med- 164
ium was changed every 2 days and cells were passaged 165
upon reaching 80% confluence. CORT was dissolved with 166
DMSO into 160 mM stocking solution and diluted with cul- 167
ture medium to obtain working concentration. Same amount 168
of DMSO was used as vehicle control. Cells seeded in 96- 169
well plates were incubated with different concentrations of 170
CORT (25–600 μ M) for 8, 12, 24, and 48 h in order to find 171
the appropriate damage condition. 172

173 Cell Viability Assay

Cell survival rates were measured using CCK-8. Experi- 174
ments were performed according to manufacturer's 175

176 instruction. Briefly, cells seeded in 96-well plates were incu-
177 bated with culture medium containing 10% CCK-8 solution
178 at 37 °C for 3 h. The absorbance at 562 nm was then mea-
179 sured. Experiments were repeated three times in triplicate.
180 Cell viability was calculated with the formula: Cell survival
181 rate (%) = [(At – Ab) / (Ac – Ab)] × 100%; where At =
182 Absorbance value of test group, Ab = Absorbance value
183 of blank group, Ac = Absorbance value of control group.

184 Western Blot Analysis

185 After transfection or CORT treatment, cells were collected
186 with ice-cold RIPA buffer containing protease inhibitor cock-
187 tail and sonicated in an ice bath. The samples were then
188 centrifuged at 12,000 × g for 30 min at 4 °C. Supernatant
189 was transferred to a new Eppendorf tube and the protein
190 concentration was determined using BCA protein assay
191 kit. Samples were adjusted to the same concentration
192 (2 µg/µL) and denatured with 5 × SDS loading buffer in boil-
193 ing water for 10 min. Equal amounts of protein (20 µg) were
194 loaded onto each lane and separated by sodium dodecyl
195 sulfate–polyacrylamide gel electrophoresis (SDS–PAGE)
196 at a constant voltage of 200 V until the loading dye reached
197 the bottom of the gel. The gels were transferred onto PVDF
198 membranes with a constant current of 300 mA for 70 min.
199 The membranes were blocked with 5% skim milk at room
200 temperature for 3 h, and incubated with 5% BSA-TBST
201 diluted primary antibodies at 4 °C overnight. After washing
202 three times with TBST, the membranes were incubated with
203 HRP-conjugated secondary antibody at room temperature
204 for 2.5 h. Protein bands were detected with enhanced che-
205 miluminescence (ECL) detection kit. The quantitative eval-
206 uation of these bands was then carried out with Image
207 Lab software. Optical density of each band was normalized
208 with that of corresponding internal control. All experiments
209 were performed thrice.

210 Transfection

211 Cells were seeded in six-well plates at 2 × 10⁵ cells per well
212 the day before transfection. Expression vectors encoding
213 either SIRT1 or SIRT1 shRNA and their control vectors
214 were introduced into cells using jetPrime transfection
215 reagent according to the manufacturer's instruction. For
216 CORT treatment, cells were exposed to the indicated con-
217 centrations of CORT 24 h after transfection.

218 RT-qPCR

219 Total RNA was extracted using ice-cold Trizol reagent
220 according to the manufacturer's instruction and reversely
221 transcribed into cDNA using Bestar qPCR RT kit. 2 µL
222 5 × RT buffer, 0.5 µL RT Enzyme Mix, 0.5 µL Primer Mix
223 and 1 µg RNA were mixed and adjusted to a final volume
224 of 10 µL with RNase free water. The following procedure
225 was performed: 15 min at 37 °C and 5 min at 98 °C. Quan-
226 titative PCR was performed using Bestar SybrGreen qPCR
227 mastermix kit. 10 µL 2 × SYBR GREEN Mix, 0.5 µL For-
228 ward primer (10 µM), 0.5 µL Reverse primer (10 µM), and
229 100 ng cDNA were mixed and added to ddH₂O to a final

Table 1. Primers used for RT-qPCR.

Gene	Primer	5'-3'	t1.3
Human_Sirt1	Forward	TAGCGGGCTTGATGGTAATC	t1.4
	Reverse	TCTGGCATGTCCCACTATCA	t1.5
Mouse_Sirt1	Forward	TTGTGAAGCTGTTTCGTGGAG	t1.6
	Reverse	GGCGTGGAGGTTTTTCAGTA	t1.7
Atg5	Forward	AACTGAAAGAGAAGCAGAACCA	t1.8
	Reverse	TGTCTATAACCTTCTGAAAGTGC	t1.9
p62	Forward	GCTGCCATACCCACATCT	t1.10
	Reverse	CGCTTCATCCGAGAAAC	t1.11
β-actin	Forward	CTGTCCTGTATGCCTCTG	t1.12
	Reverse	ATGTCACGCACGATTCC	t1.13

230 volume of 20 µL. The following conditions were used: pre-
231 denaturation at 95 °C for 2 min, followed by 40 cycles of
232 denaturation at 95 °C for 5 s, annealing and extension at
233 60 °C for 30 s. Melting curves were generated for quality
234 control. Primers used are shown in Table 1. Relative
235 expression level of target gene was determined by 2^{-ΔΔCq}
236 method and expressed as fold change in expression of
237 experiment group in relation to control group. β-Actin was
238 used as internal control. Experiments were performed in tri-
239 plicate and repeated three times.

240 TUNEL Staining

241 Cell apoptosis rate after CORT treatment was detected
242 using *In Situ* Cell Death Detection Kit. Experiments were
243 performed according to manufacturer's instructions. Briefly,
244 cells were cultured on coverslips in six-well plates, including
245 two additional wells for positive and negative controls. Cells
246 were fixed at room temperature for 1 h after washing thrice
247 with PBS. Then, cells were permeabilized using 0.1%
248 TritonX-100 in 0.1% sodium citrate for 2 min on ice. DNase
249 I (1000 U/mL) was added to the positive control and incu-
250 bated for 10 min. Label solution (50 µL) was added to the
251 negative control. Enzyme solution (50 µL) was mixed with
252 label solution (450 µL). Each sample was incubated with
253 TUNEL reaction mixture (50 µL), with the exception of the
254 negative control, at 37 °C for 1 h. Samples were embedded
255 with anti-fade mounting medium containing DAPI before

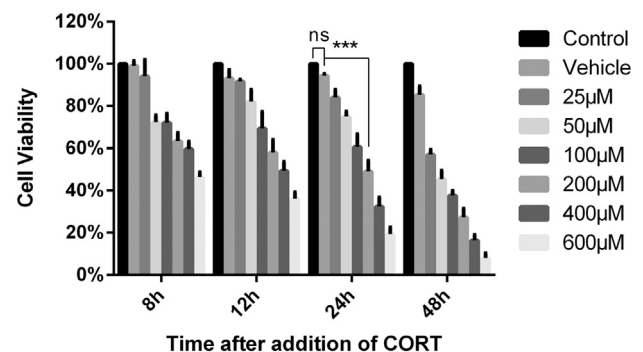
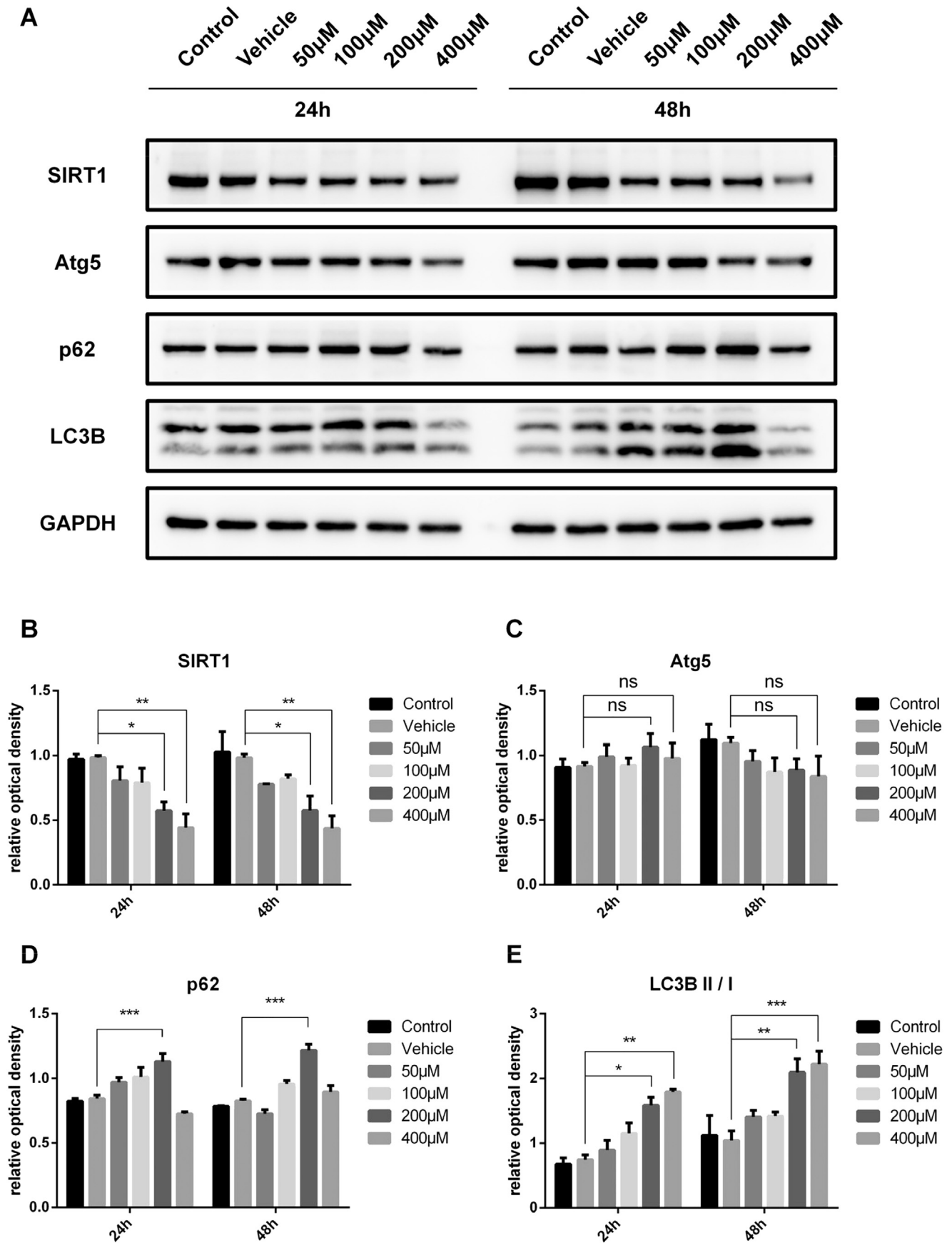


Fig. 1. Effect of different concentrations of CORT on cell viability. Cell viability was measured with CCK-8 to determine the appropriate damage condition. Data were presented as mean ± SEM (n = 3). ***P < 0.001, two-way ANOVA with Tukey's multiple comparisons test. ns, not significant; CORT, corticosterone.



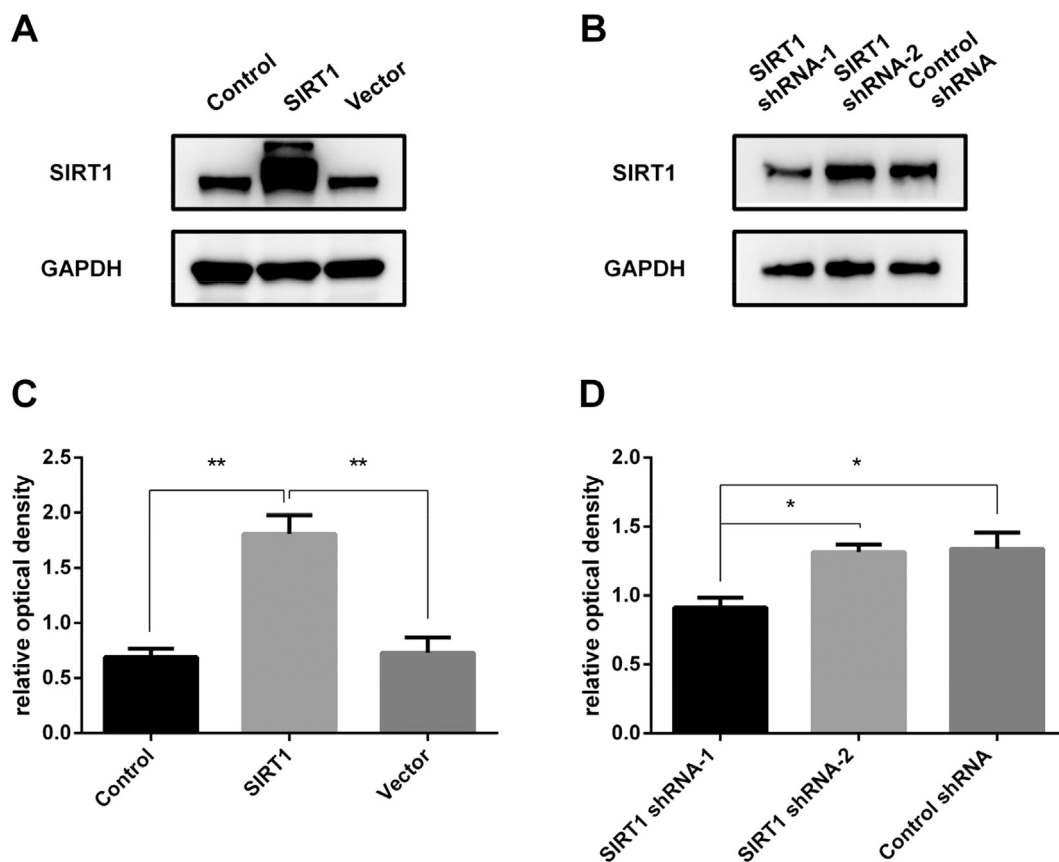


Fig. 3. Overexpression and knockdown of SIRT1 *in vitro*. (A) Western blot analysis of VSC 4.1 cells transfected with SIRT1 overexpression (SIRT1) and EGFP control (Vector) plasmids. Control group was not transfected. The upper band in the SIRT1 overexpression group corresponds to SIRT1-EGFP fusion protein. (B) Western blot analysis of VSC 4.1 cells transfected with plasmids encoding different SIRT1 shRNA or their control vector. (C) and (D) were quantified results of (A) and (B) respectively. Data were expressed as mean \pm SEM ($n = 3$). * $P < 0.05$, ** $P < 0.01$, one-way ANOVA with Tukey's multiple comparisons test.

256 being analyzed under a fluorescence microscopy. TUNEL-
257 Positive cells in five randomly selected fields of each sam-
258 ple in three experiments were quantified with Image J
259 software.

260 Statistical Analysis

261 Data are expressed as mean \pm SEM. Statistical analysis
262 and graphs were made using Graphpad Prism 6. Differ-
263 ences between two groups were tested by an unpaired *t*-
264 test. One-way ANOVA and two-way ANOVA followed by
265 Tukey's post hoc test were used to determine statistical sig-
266 nificance between three or more groups. $P < 0.05$ was
267 deemed statistically significant, with $P < 0.01$ deemed as
268 highly statistically significant.

269 RESULTS

270 The Effect of CORT on VSC 4.1 Cell Viability

271 In order to define the dose dependent sensitivity of VSC 4.1
272 cells to CORT, we exposed them to different concentrations

of CORT from 25 μ M to 600 μ M for 8 h, 12 h, 24 h and 273
48 h. The cell viability was gradually decreased with increas- 274
ing exposure time and concentration of CORT (Fig. 1). We 275
observed about 50% decrement in cell viability after treatment 276
with 200 μ M CORT at 24 h. This was then chosen for subse- 277
quent experiments. 278

279 CORT Treatment Can Reduce SIRT1 Expression and Induce Autophagy 280

281 Considering the protective role of both SIRT1 and autophagy
282 in oxidative stress, we analyzed the expression of SIRT1 and
283 autophagy related proteins after different concentrations of
284 CORT treatment for 24 h and 48 h (Fig. 2A). We found that
285 the expression of SIRT decreased (Fig. 2B), while LC3B II/I
286 was significantly increased when cells were exposed to
287 200 μ M and 400 μ M of CORT for 24 h and 48 h compared
288 with the vehicle group (Fig. 2E). p62 expression was posi-
289 tively correlated with LC3B II/I when treated with 200 μ M
290 CORT for 24 h (Fig. 2D), which might because of the block-
291 age of autophagic degradation or its transcriptional

Fig. 2. CORT treatment reduces SIRT1 expression and induces autophagy. (A) Protein expressions after different concentrations of CORT exposure. Quantification levels of (B) SIRT1, (C) Atg5, (D) p62 and (E) LC3B II/I. Data were presented as mean \pm SEM ($n = 3$). * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, two-way ANOVA with Tukey's multiple comparisons test. ns, not significant.

upregulation. Atg5 expression was not altered by CORT treatment (Fig. 2C).

Overexpression of SIRT1 Can Inhibit CORT Induced Autophagy

In order to ascertain the connections between SIRT1 downregulation and autophagy initiation following CORT exposure, we first overexpressed and then knocked down SIRT1 expression respectively. As confirmed by the western blot analysis (Fig. 3A, B), SIRT1 expression was increased by more than two-folds after being transfected with the overexpression plasmid (Fig. 3C). We further designed two different SIRT1-specific shRNA constructs. One construct significantly reduced SIRT1 expression and was chosen for subsequent experiments (Fig. 3D). 24 h after transfection, cells were exposed to 200 μ M CORT for 24 h, and proteins were extracted for western blotting (Fig. 4A, 5A). In line with our previous results, CORT treatment significantly decreased SIRT1 expression and enhanced LC3B II/I level (Fig. 4B, C); however, autophagy was restored to control levels after overexpression of SIRT1 (Fig. 4C). Neither SIRT1 overexpression nor CORT treatment affected Atg5 expression (Fig. 4D). Although p62 expression was increased following CORT administration, the addition of SIRT1 did not affect its expression (Fig. 4E), indicating that SIRT1 might not have an effect on autophagosome degradation. (See Fig. 6.)

Inhibition of SIRT1 Reinforced CORT Induced Autophagy

We further demonstrated our hypothesis through silencing SIRT1 in CORT treated VSC 4.1 cells (Fig. 5A). Although CORT did not induce further decrement in SIRT1 expression after shRNA transfection (Fig. 5B), its low expression level was sufficient to relieve its inhibition of autophagy as indicated by the further increase of LC3B II/I level (Fig. 5C). Atg5 was not affected by either SIRT1 knockdown or CORT treatment (Fig. 5D). The increase of p62 was also not affected by SIRT1 knockdown (Fig. 5E).

CORT Treatment Increased p62 mRNA Level

RT-qPCR was employed to examine whether the increase of p62 expression was due to enhanced transcription and if SIRT1 affected this process. Plasmid transfection significantly altered SIRT1 mRNA levels; however, CORT treatment only decreased SIRT1 mRNA in overexpression group, which may have been due to the effect of CORT on exogenous plasmid expression (Fig. 6A, B). p62 mRNA was increased by CORT but neither SIRT1 overexpression nor knockdown (Fig. 6C, D). Also, Atg5 mRNA was not affected by either transfection or CORT exposure (Fig. 6E, F).

SIRT1 Enhanced CORT Induced Apoptosis

We carried out TUNEL staining to detect apoptosis rate after different concentrations of CORT treatment for 24 h. A dose-dependent increase of apoptosis was observed with increasing concentrations of CORT, and 200 μ M CORT induced significant apoptosis when compared to the vehicle

group (Fig. 7A, B). In order to detect whether the inhibition of CORT-induced autophagy by SIRT1 overexpression affected apoptosis, cells transfected with overexpression (SIRT1-EGFP) or control (EGFP) plasmids were exposed to 200 μ M CORT for 24 h and fixed for TUNEL staining. Cells double positive for TUNEL and EGFP are indicated in merged and magnified images with white arrowheads (Fig. 8A). There was a significant difference in apoptosis rate between cells transfected with SIRT1 and EGFP control, which suggests that reduced autophagy by SIRT1 overexpression culminates in apoptosis increment (Fig. 8B).

DISCUSSION

CORT is an important stress hormone released following HPA axis activation and regulates our responses to unexpected and stressful events. It mobilizes energy stores and stimulates gluconeogenesis, thus preparing the body for “fight or flight” responses. However, modern people are constantly exposed to chronic stressors such as exhaustive work schedules, which in turn trigger a prolonged surge of glucocorticoid levels. This results in higher risks of cardiovascular diseases, mood disorders and autoimmune diseases (de Kloet et al., 2005). Hypercortisolemia can cause memory loss and learning impairments and has been associated with several mood disorders such as depression and anxiety (De Kloet et al., 1988, Brown et al., 1999, Manji et al., 2001). High levels of exogenous CORT may reproduce the symptoms of neuronal atrophy seen in patients with mental illness, which can be remedied by adrenalectomy (Manji et al., 2001). Exposure to excess CORT caused both reversible and irreversible changes in cognition and hippocampal structure (Brown et al., 1999; Sapolsky, 2000). One underlying mechanism of CORT-induced apoptosis in neurons is through ROS generation (Spiers et al., 2015). The increased metabolic rate by CORT culminates in overproduction of free radicals as by-products of normal cellular metabolism. This, in turn, can cause disruption of cellular redox balance (Du et al., 2009). Although SIRT1 has been evidenced to protect cells against apoptosis and promote their survival under oxidative stress and starvation, its specific role in CORT-induced stress has not been investigated.

In this study, we found that CORT had a dose and time dependent effect on cell viability that reduced to around 50% after 200 μ M CORT treatment for 24 h (Fig. 1). A dose-dependent decrease of SIRT1 and an increase of LC3B II/I expression were observed with increasing concentrations of CORT, suggesting that SIRT1 decrement may facilitate the initiation of autophagy (Fig. 2). Also, the decreased expression of p62 is a good indicator of autophagic flux as it is involved in the degradation of ubiquitinated proteins by autolysosomes (Bjørkøy et al., 2005; Serhiy et al., 2007). However, p62 did not show inversed expression pattern in comparison with LC3B II/I level (Fig. 2). Several studies have reported the increment of both p62 expression and autophagic flux to be a result of either autophagic degradation inhibition or transcriptional upregulation of p62 (Colosetti et al., 2009; Zheng et al., 2011; Sahani et al., 400

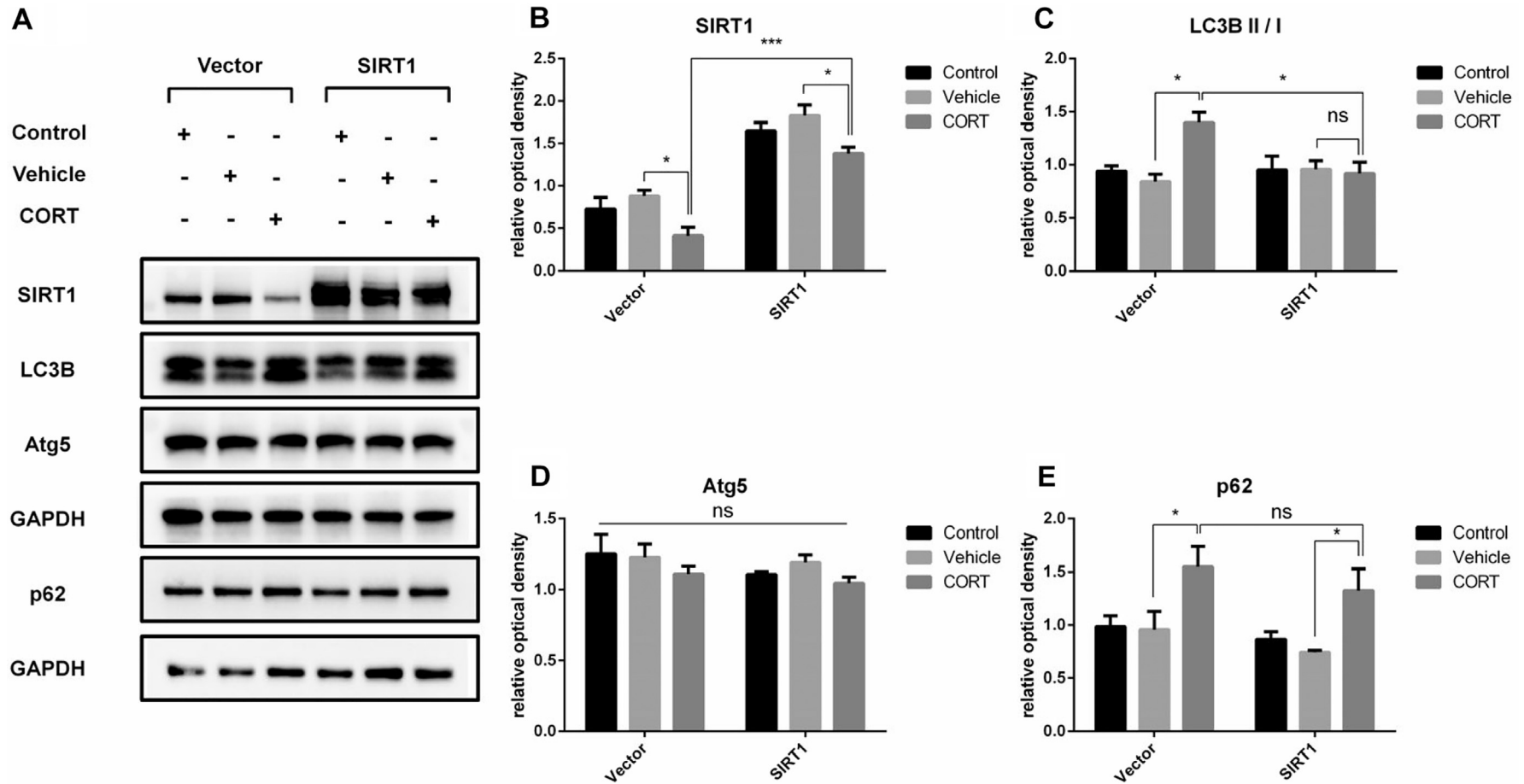


Fig. 4. Overexpression of SIRT1 inhibits CORT induced autophagy. (A) Western blot analysis of VSC 4.1 cells treated with 200 μ M CORT (CORT), or culture medium containing the same amount of solvent (Vehicle), or normal culture medium (Control) after transfection. (B), (C), (D) and (E) were quantified results of SIRT1, LC3B II / I, Atg5 and p62 respectively. Data were expressed as mean \pm SEM ($n = 3$). * $P < 0.05$, *** $P < 0.001$, two-way ANOVA with Tukey's multiple comparisons test. ns, not significant; CORT, corticosterone.

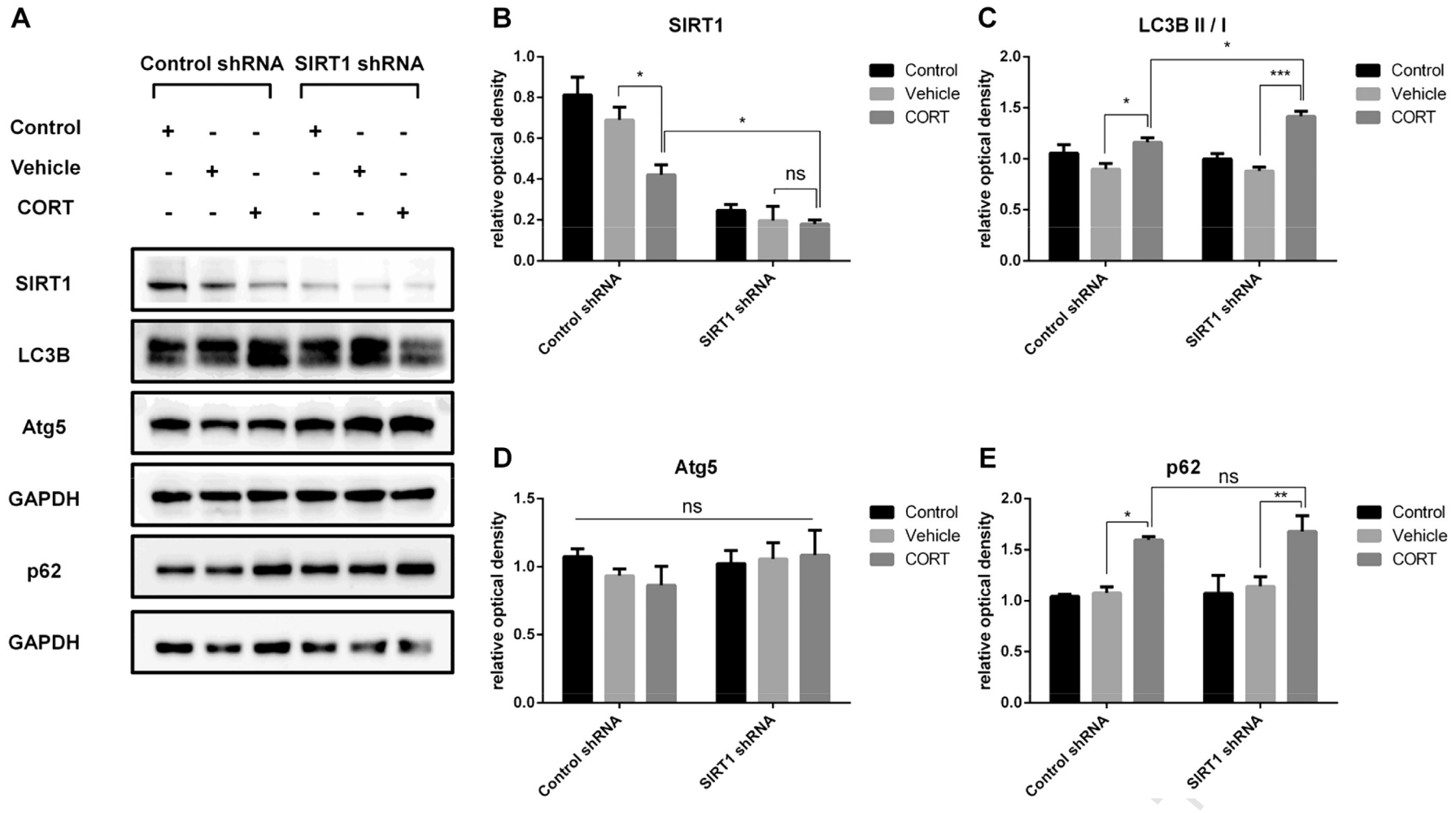


Fig. 5. Knockdown of SIRT1 reinforces CORT induces autophagy. (A) Western blot analysis of CORT treated VSC 4.1 cells after silencing of SIRT1. (B), (C), (D) and (E) were quantified results of SIRT1, LC3B II/I, Atg5 and p62, respectively. Data were expressed as mean \pm SEM ($n = 3$). * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, two-way ANOVA with Tukey's multiple comparisons test. ns, not significant; CORT, corticosterone.

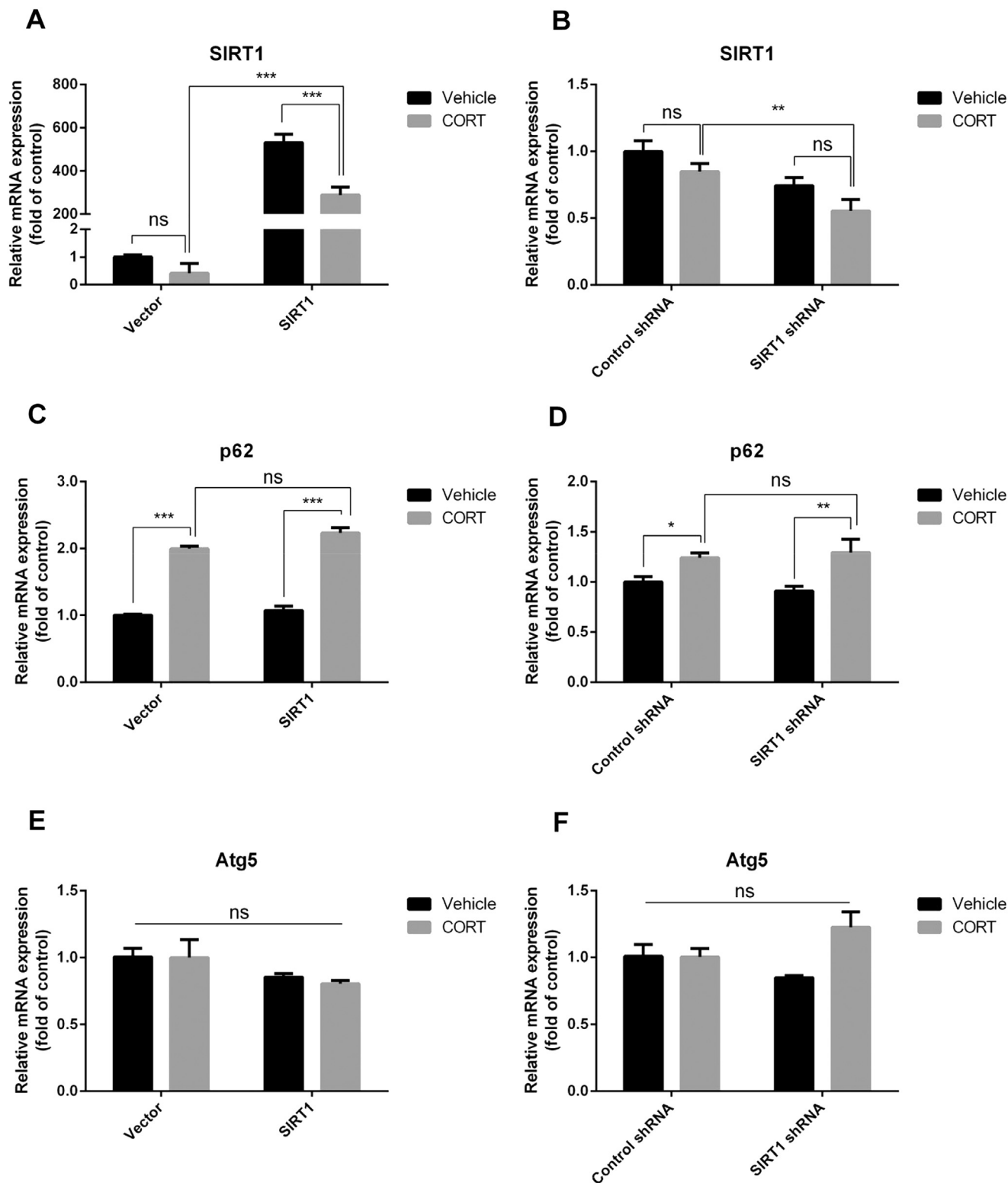


Fig. 6. mRNA alterations after transfection and CORT treatment. mRNA levels of SIRT1 (A) and (B), p62 (C) and (D), Atg5 (E) and (F) were measured with quantitative PCR and normalized to the expression levels of β -actin. The results were presented as fold changes relative to control (Vehicle + Vector group). Data were expressed as mean \pm SEM ($n = 3$). * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, two-way ANOVA with Tukey's multiple comparisons test. ns, not significant; CORT, Corticosterone.

401 2014). We further confirmed that the increase of p62
402 expression was, at least in part, due to its transcriptional
403 enhancement by the CORT exposure (Fig. 6).

It has been substantiated that SIRT1 can deacetylate
404 Atg5 or FOXO1 and initiate autophagy during starvation
405 (Lee et al., 2008; Hariharan et al., 2010), or mediate
406

A

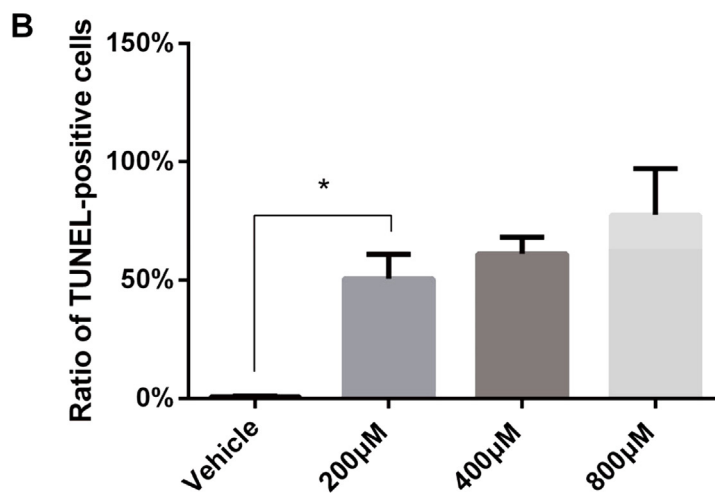
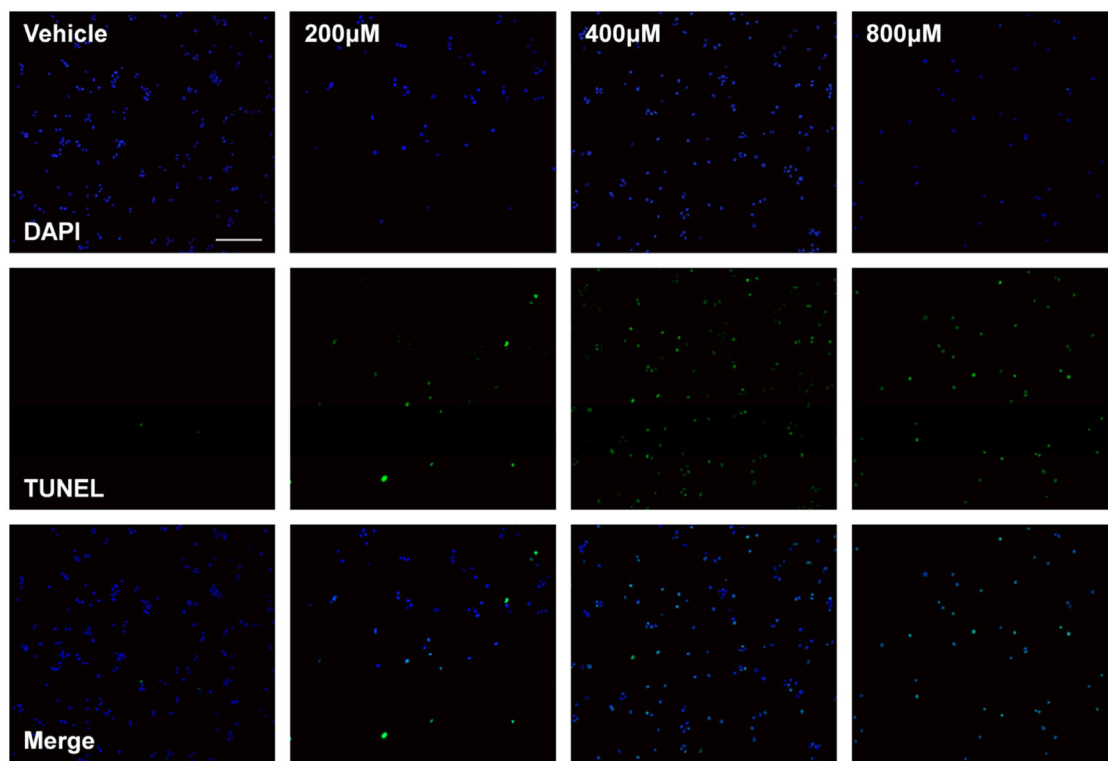


Fig. 7. Dose-dependent effect of CORT on apoptosis. (A) Representative TUNEL staining images of cells treated with different concentrations of CORT. (B) Quantification of TUNEL-positive cells. Data were expressed as mean \pm SEM ($n = 3$). * $P < 0.05$, one-way ANOVA with Tukey's multiple comparisons test. Scale bar: 200 μ m.

407 oxidative stress-induced autophagy through the mTOR
408 pathway (Ou et al., 2014b). In this study, we found that
409 CORT-induced autophagy was suppressed by SIRT over-
410 expression and elevated by its knockdown with no change
411 in Atg5 expression (Figs. 4, 5). These results indicate that
412 SIRT1 may inhibit autophagy in CORT induced-stress
413 through a different signal pathway. SIRT1 inhibition by Sirti-
414 nol, a class III HDAC inhibitor, has been reported to
415 enhance autophagy in human breast cancer cells (Jing et

al., 2012). That said, further studies are needed to elucidate
416 the mechanism by which SIRT1 inhibits autophagy during
417 CORT treatment. 418

We then performed TUNEL assay and found that cell
419 apoptosis rate was positively correlated with CORT levels
420 (Fig. 7). Our result also suggests that overexpression of
421 SIRT1 promotes CORT-induced apoptosis (Fig. 8). The
422 crosstalk between apoptosis and autophagy is complex. 423
424 These two processes can be independently regulated under

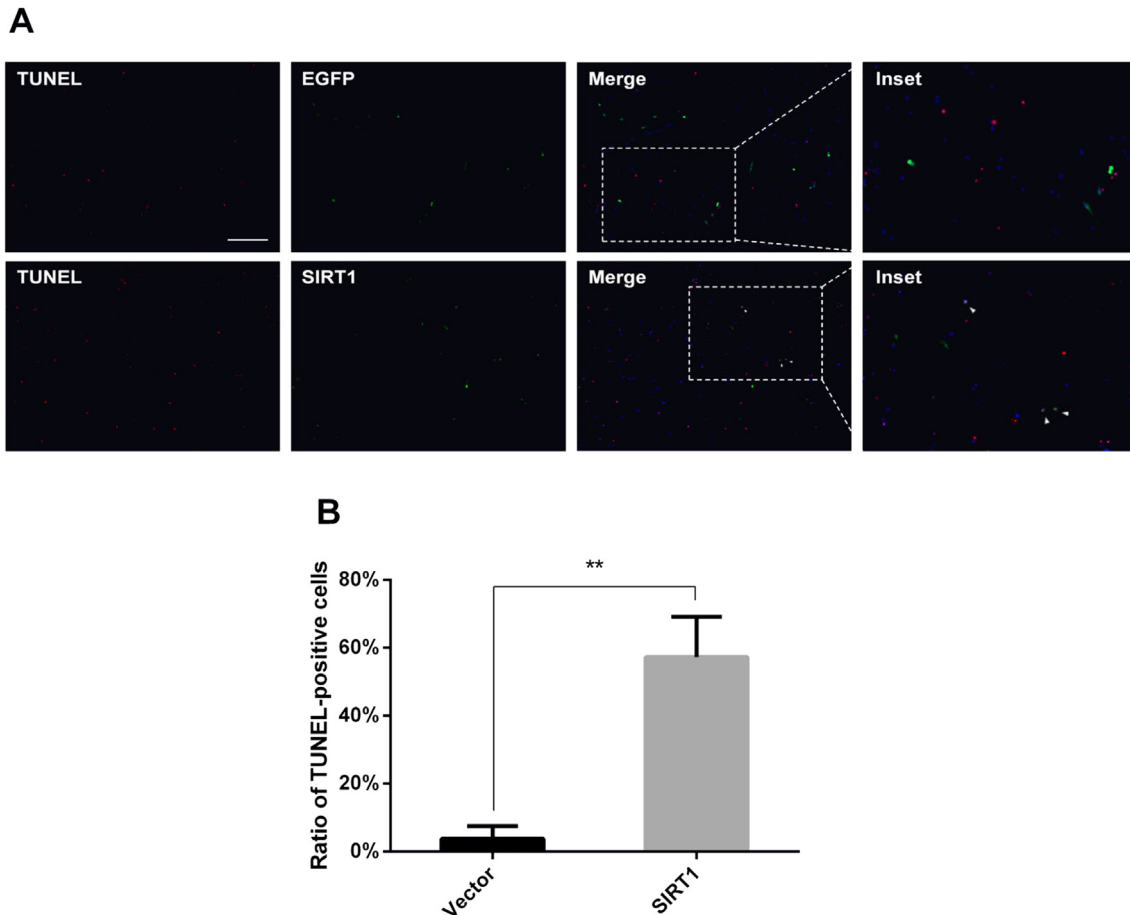


Fig. 8. Overexpression of SIRT1 promotes CORT-induced apoptosis. (A) Representative TUNEL staining images of cells transfected with SIRT1-EGFP or EGFP control plasmids followed by 24 h of 200 μ M CORT treatment. Insets in merged images were magnified in the right panel. Cells double positive for TUNEL and EGFP are indicated with white arrowheads. (B) Percentage of TUNEL-positive cells in EGFP-positive cells was quantified. Data were expressed as mean \pm SEM ($n = 3$). ** $P < 0.01$, t test. Scale bar: 200 μ m.

425 certain conditions, whereas in other cellular settings, they
426 may have common upstream regulators (Maiuri et al.,
427 2007; Eisenberg-Lerner et al., 2009). The potential exacer-
428 bation of cell apoptosis following the inhibition of autophagy
429 by SIRT1 warrants further investigation.

430 In conclusion, our study revealed that overexpression of
431 SIRT1 may inhibit CORT-induced autophagy culminating
432 in increased apoptosis, which can be reversed by the
433 knock-down of SIRT1. This may help us better understand
434 the role of SIRT1 and autophagy in CORT-induced stress.

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CONFLICT OF INTEREST

441
442 The authors declare no conflict of interests.

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