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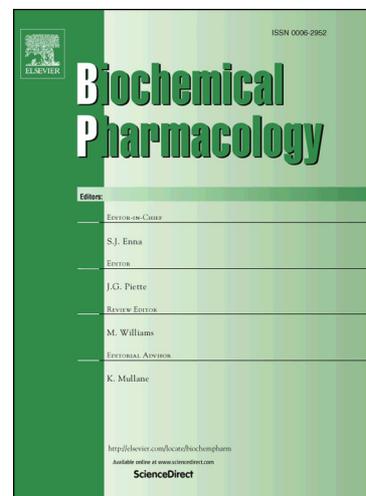
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1 **The cardenolides ouabain and reevesioside A promote FGF2 secretion and subsequent FGFR1**
2 **phosphorylation via converged ERK1/2 activation**

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24 **Running title:** Cardenolides activate ERK1/2 to promote FGF2 secretion and FGFR1 activation
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27 **Highlights:**

- 28 1) Cardenolides induced FGF2 secretion and FGFR1 phosphorylation in A549 cells.
29 2) Cardenolide ouabain triggered the EGFR associated ERK 1/2 activation.
30 3) Cardenolide ouabain diminished the MKP1 protein level and thus resulted in ERK 1/2 activation.
31 4) Cardenolides induced converged ERK1/2 activation to promote the FGF2 export in A549 cells.
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Abstract:

Na⁺/K⁺-ATPase α 1 was reported to directly interact with and recruit FGF2 (fibroblast growth factor 2), a vital cell signaling protein implicated in angiogenesis, to the inner plasma membrane for subsequent secretion. Cardenolides, a class of cardiac glycosides, were reported to downregulate FGF2 secretion upon binding to Na⁺/K⁺-ATPase α 1 in a cell system with ectopically expressed FGF2 and Na⁺/K⁺-ATPase α 1. Herein, we disclose that the cardenolides ouabain and reevesioside A significantly enhance the secretion/release of FGF2 and the phosphorylation of FGFR1 (fibroblast growth factor receptor 1) in a time- and dose-dependent manner, in A549 carcinoma cells. A pharmacological approach was used to elucidate the pertinent upstream effectors. Only the ERK1/2 inhibitor U0126 but not the other inhibitors examined (including those inhibiting the unconventional secretion of FGF2) was able to reduce ouabain-induced FGF2 secretion and FGFR1 activation. ERK1/2 phosphorylation was increased upon ouabain treatment, a process found to be mediated through upstream effectors including ouabain-induced phosphorylated EGFR and a reduced MKP1 protein level. Therefore, at least two independent lines of upstream effectors are able to mediate ouabain-induced ERK1/2 phosphorylation and the subsequent FGF2 secretion and FGFR1 activation. These finding constitute unprecedented insights into the regulation of FGF2 secretion by cardenolides.

Key words: EGFR; ERK1/2; FGF2; MKP1; Na⁺/K⁺-ATPase α 1; ouabain.

1 **1. Introduction**

2 Basic fibroblast growth factor (bFGF/FGF2) is an endocrine growth factor and signaling protein
3 that plays a vital role in angiogenesis. FGF2 lacks a signal peptide sequence for the classic protein
4 secretion through the ER/Golgi process and is instead secreted in an unconventional route
5 (Florkiewicz et al., 1995; Zacherl et al., 2015) which has been reported in the context of: 1)
6 potentially unassembled α 1-chains of Na^+/K^+ -ATPase for FGF2 recruitment at the inner leaflet of
7 plasma membranes; 2) Tec kinase-mediated phosphorylation of FGF2; 3) phosphatidylinositol
8 4,5-bisphosphate-dependent membrane translocation of FGF2; and 4) extracellular heparan sulfate
9 proteoglycans for completing of FGF2 membrane translocation (Ebert et al., 2010; Florkiewicz et al.,
10 1998; Nickel, 2007, 2011; Nickel and Seedorf, 2008; Zacherl et al., 2015).

11 The FGFR (fibroblast growth factor receptor) family comprises four distinct members, FGFR1
12 to FGFR4, all of which possess tyrosine kinase activity. However, their expression levels are
13 tissue-specific (Itoh and Ornitz, 2004; Wilkie et al., 1995), and therefore the specificities and
14 selectivities of their ligand binding are anticipated to be very different. Over 20 divergent FGF
15 (fibroblast growth factor) families have been identified (Ornitz and Itoh, 2001), and they regulate
16 multiple cellular processes through binding to FGFRs (Ornitz and Itoh, 2015). Upon FGF binding to
17 its specific FGFR, the FGFR dimerizes, its tyrosine sites in the intracellular domain are
18 auto-phosphorylated, and it becomes active (Ornitz and Itoh, 2015). Subsequently, the active
19 FGF/FGFR -triggers downstream signaling, whereupon it is internalized through endocytosis and

1 degraded, resulting in signaling termination (Wesche et al., 2011). FGF/FGFR signaling is involved
2 in cell growth, migration, and differentiation in critical development, and also affects metabolism,
3 repair, regeneration and wound healing in adult tissues (Coumoul and Deng, 2003; Du et al., 2012;
4 Hogan et al., 2014).

5 Functional Na^+/K^+ -ATPase consists of a catalytic α subunit and two regulatory subunits (one
6 β and one γ), and pumps two K^+ into cells for every three Na^+ that are pumped out (Baker Bechmann
7 et al., 2016; Diederich et al., 2017; Katz et al., 2015). The unassembled $\alpha 1$ -chain of Na^+/K^+ -ATPase
8 was reported to directly interact with the FGF2 through its intracellular domain, thereby recruiting
9 FGF2 to the inner plasma membrane for subsequent secretion; whereas the β subunit is dispensable,
10 for the purpose of FGF2 secretion (Dahl et al., 2000; Florkiewicz et al., 1998; Zacherl et al., 2015).
11 The cardenolides, a class of cardiac glycosides, were reported to inhibit FGF2 export through
12 binding to the unassembled $\alpha 1$ -chain of Na^+/K^+ -ATPase at the cell surface in transfected primate
13 cells, e.g. COS-1; CV-1, with expression vectors of FGF2 or $\alpha 1$ -chain of Na^+/K^+ -ATPase (Dahl et
14 al., 2000; Florkiewicz et al., 1998). Conventionally, cardenolides bind to functional Na^+/K^+ -ATPase
15 through multi-interactions within the α subunit, causing the Na^+/K^+ -ATPase complex to undergo a
16 conformational change, inhibiting its membrane potential generating function (Laursen et al., 2013).
17 However, under endogenous expressed FGF2 and Na^+/K^+ -ATPase $\alpha 1$, it is still unclear whether (i)
18 FGF2 binds to unassembled or functional complexed Na^+/K^+ -ATPase $\alpha 1$ subunit, for recruitment to
19 the inner membrane for secretion, and (ii) whether cardenolides inhibit FGF2 secretion by binding to

1 the functional Na⁺/K⁺-ATPase complex, or to the unassembled Na⁺/K⁺-ATPase α 1 subunit.

2 Herein, we disclose that the cardenolides ouabain and reevesioside A, significantly enhanced
3 the secretion/release of FGF2 to culture medium, and in turn to activated FGFR1 in carcinoma A549
4 cells. We further demonstrated that, upon ouabain treatment, at least two independent signaling axes
5 were triggered for ERK1/2 activation, resulting in enhanced FGF2 secretion and FGFR1 activation.
6 These findings provide unprecedented insights into the endogenous pathways for the regulation of
7 FGF2 secretion by cardenolides.

9 **2. Materials and Methods**

11 **2.1 Reagents**

12 Reevesioside A was prepared and obtained as previously described (Chang et al., 2013a) and its
13 purity was determined ($\geq 95\%$, HPLC) as described (Lee et al., 2012). Ouabain (Cat # O3125, \geq
14 95%, HPLC), digoxin (Cat # D6003, $\geq 95\%$, HPLC), NSC95397 (Cat # N1786, $\geq 97\%$, HPLC),
15 and methylamine solution (MeNH₂; Cat # 395048, 2.0 M in MeOH), were purchased from
16 Sigma-Aldrich (St. Louis, MO, USA). SU5402 (Cat # 572630, $\geq 95\%$, HPLC) and MG132 (Cat #
17 474790, $\geq 98\%$, HPLC) were purchased from Calbiochem (San Diego, CA, USA). LFM-A13 (Cat
18 # S7734, $\geq 99.7\%$, HPLC) was purchased from Selleckchem (Karl-Schmid-Str. 14, Munich,
19 Germany). U0126 (Cat # PHZ1283, 95%, TLC) and LY294002 (Cat # PHZ1144, 99%, TLC) were

1 purchased from ThermoFisher (Waltham, MA, USA). Gefitinib (Cat # 13166, $\geq 98\%$) was
2 purchased from Cayman Chemical (Ann Arbor, MI, USA). CellTiter 96® AQueous MTS Reagent
3 Powder and phenazine methosulfate (PMS) solution were purchased from Promega (Madison, WI,
4 USA).

6 **2.2 Cell culture**

7 A549 carcinoma cell lines (BCRC 60074) were obtained from Bioresource Collection and
8 Research Center (BCRC) and passaged within six months of receipt, and further established as stock
9 in the cell bank at early passage to ensure cell line-specific characteristics (Hughes et al., 2007). The
10 passage 8 to 15 were used in this study. The procedures for cell culture were carried out as described
11 previously (Qiu et al., 2015) with the following modification: cells were cultured and maintained in
12 RPMI-1640 medium (GIBCO-Life Technologies) with 10% fetal bovine serum (FBS; Hyclone
13 Laboratory Inc.) and 1% Penicillin/Streptomycin (P/S; Biological Industries) in a humidified
14 incubator of 5% CO₂ atmosphere at 37 °C. For compound treatment studies, cells were then
15 incubated in serum starved conditions with RPMI-1640 culture medium containing only 1% FBS.

17 **2.3 Cell cytotoxicity and drug combination assays**

18 We used drug combination assays and isobologram analyses to assess the interaction between
19 SU5402, a FGFR1 inhibitor, and cardenolides. The A549 cells were seeded into 96-well plates at a

1 density of 3000 cells/well and subjected to overnight growth. Both SU5402 and cardenolides were
2 subjected to a series of two-fold dilutions from the indicated higher and lower concentration in drug
3 combination assays. The inhibitory concentration at 50% growth (IC_{50}) of SU5402 and reevesioside
4 A were determined alone. The IC_{50} values of combined treatments were measured at the
5 concentrations below their IC_{50} values in the isobologram analysis. The drug effects on cell growth
6 inhibition were estimated by MTS assay after 72 hr of treatment by the combined MTS/PMS
7 solution; and the absorbances at 490 nm were recorded after incubation. The IC_{50} values were
8 calculated by the linear interpolation method between two data points above and below 50%
9 inhibition. Combination index (CI) values were estimated using the software program CalcuSyn
10 (Biosoft); for ED values below 0.8, a synergistic effect is inferred; for those between 0.8 and 1.2 an
11 additive effect, and those above 1.2 an antagonistic effect. In the isobologram analysis, the additive
12 effect is depicted as a straight line, plotted between the IC_{50} values of SU5402 or reevesioside A
13 treatment alone. Doses of each drug used in combination treatments that when plotted lie to the left
14 and below the additive plot correspond to a synergistic effect; whereas those that lie on the opposite
15 side correspond to an antagonistic effect.

16

17 **2.4 Western analyses**

18 A549 cells were seeded into six-well plates at a density of 10^6 cells/well one day before treatment.

19 Cells were harvested and lysed in lysis buffer (1% NP40, 50 mM Tris-HCl [pH7.5], 300 mM NaCl, 5

1 mM EDTA) containing 2 mM phenylmethylsulfonyl fluoride (PMSF), 2 mM sodium orthovanadate
2 (Na_3VO_4), 10 mM sodium fluoride (NaF) and complete EDTA free protease inhibitor cocktail
3 (Roche). Equal amounts of protein were denatured in protein loading buffer (GeneMark), subjected
4 to sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE), transferred to
5 nitrocellulose (NC) membranes (GE Healthcare) in ice-cold tris/glycine transfer buffer containing
6 10% (v/v) ethanol (EtOH), probed with indicated primary antibodies in blocking buffer, and
7 followed by detection with a horseradish peroxidase (HRP)-linked secondary antibodies, Western
8 Lightning Plus (PerkinElmer Life Sciences) and x-ray film (Roche). The primary antibodies used in
9 this study were as follows: FGF2 (Santa Cruz, Cat # sc-79, Lot # D0704), phospho-FGFR1 (Y766;
10 Cell Signaling, Cat # 2544, Lot # 2), FGFR1 (Cell Signaling, Cat # 9740, Lot # 4), phospho-ERK1/2
11 (T202/Y204; Cell Signaling, Cat # 4370, Lot # 12), ERK1/2 (Thermo, Cat # 44-654G, Lot # 0601),
12 phospho-JNK (T183/Y185; Cell Signaling, Cat # 9251, Lot # 17), JNK (Cell Signaling, Cat # 9252,
13 Lot # 5), active p38 (pTGpY; Promega, Cat # V1211), p38 (Biosource, clone # 2F11, Cat #
14 AHO0782, Lot # 20505-01R), GAPDH (Cell Signaling, Cat # 2118, Lot # 10), MKP1 (sc-370, Santa
15 Cruz, Lot # L0910), phospho-EGFR (Y845; Cell signaling, Cat # 2231, Lot # 8), EGFR (GeneTex,
16 Cat # 100448, Lot # 39645), Na^+/K^+ -ATPase α 1 (Abcam, clone # 464.6, Cat # ab7671, Lot #
17 GR161548-6). Enhanced chemiluminescence detection reagents (Western Blot Chemiluminescence
18 Reagent Plus; PerkinElmer) were used to detect antigen-antibody complexes according to the
19 manufacturers' instructions. Relative protein levels were estimated and normalized with GAPDH or

1 as indicated using a ScanMaker E900 scanner (600 dpi) to scan the western films, and quantitated by
2 Image-J software. The multiple bands occurred to some proteins that represent their isoforms with
3 different sizes or differential posttranslational modifications which cause in the different motility in
4 the SDS- PAGE/western blot. All these bands we detected are as shown in their respective
5 manufacturer's antibody-data sheet corresponding to their category number provided above or as
6 reported(Lee et al., 2005; Pinilla-Macua et al., 2017).

7

8 **2.5 Enzyme-linked immunosorbent assay**

9 Culture supernatants were collected and centrifuged at 1000 g for 5 min to remove particulates.
10 Fibroblast growth factor 2 (FGF2) ELISA kits were purchased from R&D Systems and the
11 procedures were performed according to the manufacturer's protocol.

12

13 **2.6 Crystal violet live cell staining**

14 After treatment for indicated time, media were removed and cells were fixed with a mixture of
15 methanol: acetic acid (3:1) for 15 minutes at room temperature, stained with 0.5% crystal violet in
16 25% methanol (MeOH) for 30 minutes at room temperature, and washed with tap water. The stained
17 cells from each well were respectively dissolved in 1% SDS and the resultant lysates were measured
18 for their absorbance recorded at 560 nm.

19

1 **2.7 RNA extraction, Reverse transcription (RT) and polymerase chain reaction (PCR)**

2 mRNAs were extracted by TRIzol Reagent (Invitrogen). Reverse transcription was performed
3 using SuperScript III reverse transcriptase (Invitrogen) according to the manufacturers' protocol.
4 PCR was performed with the EconoTaq PLUS 2X Master Mix (Lucigen Corporation) on
5 Mastercycler gradient (Eppendorf). The relative mRNA levels were determined by the Gel-Pro
6 Analyzer program, and normalized with the reference gene 18S rRNA. The primer pairs for human
7 FGF2: (+) 5'-CAATCCCATGTGCTGTGAC-3' and (-) 5'-GGCAGACGAATGCCTTATGT-3',
8 18S rRNA: (+) 5' -GTGGAGCGATTTGTCTGGTT-3' and (-)
9 5'-CGCTGAGCCAGTCAGTGTAG-3' were used in the PCR reactions described above.

10

11 **2.8 Trypan blue staining**

12 After treatment for indicated time, media were removed and cells were washed with phosphate
13 buffered saline for three times, then incubated with 0.4% trypan blue solution (HiMedia, Cat #
14 TCL046) for 5 minutes at room temperature. The resultant cells were then fixed in 4%
15 paraformaldehyde solution in phosphate buffered saline for counting the trypan blue stained and
16 unstained cell numbers under microscope.

17

18 **2.9 Na⁺/K⁺-ATPase α 1 Gene Silence**

19 The pseudotyped lentivirus containing Na⁺/K⁺-ATPase α 1 shRNA (ATP1A1-shRNA) (clone ID:

1 TRCN0000332624 and TRCN0000444902) or negative control-shRNA (shLacZ, clone ID:
2 TRCN0000231722) (Academia Sinica, Taiwan) were transduced into A549 carcinoma cells. At 24 h
3 post transduction, the cells were cultured in the presence of 2 µg/ml puromycin for selection. The
4 selected cells showing knockdown expression of Na⁺/K⁺-ATPase α1 were validated by western blot
5 analysis and subjected to further western analysis for MKP1.

6

7 **2.10 Statistical analysis**

8 Results are reported as average values from at least three independent experiments and
9 illustrated with average values and standard deviation (S.D.). The significance was analyzed by a
10 2-tailed unpaired Student's t test.

11

12

13 **3. Results**

14 **3.1 Cardenolides induced extracellular release of FGF2 and FGFR1 phosphorylation in A549**

15 **carcinoma cells** - The A549 adenocarcinoma cell line was used in this study since the FGF2 affects
16 the A549 cell proliferation, angiogenesis, and tumor growth (He et al., 2018; Li et al., 2014). Thus,
17 the effect of cardenolides in regulating FGF2 was studied herein in A549 cells. Treatment with
18 ouabain or reevesioside A (Figure 1A) decreased intracellular FGF2 protein levels in proportion to
19 dose (Figure 1B) and over time (Figure 1C), and increased the amount of FGF-2 secreted into the

1 culture medium (Figure 1D). Because FGF2 export was found to be decreased in transfected primate
2 cells of COS-1 or CV-1, with expression vectors of FGF2 or α -subunit of Na^+/K^+ -ATPase (Dahl et
3 al., 2000; Florkiewicz et al., 1998), we also examined the biological function of the released FGF2.
4 We found that FGFR1 phosphorylation increased in a dose-dependent manner and with time, while
5 levels of the regular form of FGFR1 were diminished (Figure 1B & 1C), presumably due to
6 endocytosis upon endocrine FGF2 binding (Wesche et al., 2011). Therefore, we conclude that the
7 cardenolides ouabain and reevesioside A were able to promote the export of biologically functional
8 FGF2 into culture medium, which in turn binds to FGFR1 at the cell surface, activating
9 FGF2/FGFR1 signaling.

10

11 **3.2 Cardenolides increased FGF2 transcription and proteasomal inhibition increased**
12 **cardenolide-induced FGFR1 phosphorylation** - Semi-quantitative RT-PCR analyses of the mRNA
13 levels of FGF2 upon treatment with reevesioside A or ouabain were carried out at the indicated
14 concentrations for 6 hr. (Figure 2A-a). Reevesioside A or ouabain treatment increased the
15 transcriptional expression of FGF2 at higher doses as quantified and normalized with 18S as the
16 internal loading control (Figure 2A-b). On the other hand, the treatment with MG132 (a proteasome
17 inhibitor), prior to addition of reevesioside A had no significant effect on intracellular FGF2 protein
18 levels compared to addition of reevesioside A alone, but further increased the levels of FGFR1 and
19 its phosphorylated form (Figure 2B). Thus, it is conceivable that the cardenolide-mediated

1 upregulation of FGF2 transcription (Figure 2A) also contributed to the increased amounts of the
2 exported FGF2 (Figure 1D). Furthermore, proteasomal inhibition may not contribute to FGF2 export,
3 but was nevertheless able to slow the endocytosis of FGF2/FGFR1 complex, thus increased FGFR1
4 phosphorylation level and activation by cardenolides.

5

6 **3.3 SU5402, an inhibitor of FGFR1, antagonized FGF2/FGFR1 activation and**

7 **cardenolide-mediated cell growth inhibition** – Next we used the FGFR1 inhibitor SU5402 to
8 antagonize ouabain-induced FGFR1 phosphorylation; the results were as anticipated, in a dose
9 dependent manner (Figure 3A). Cardenolides are potent inhibitors of the growth of a variety of
10 carcinoma cells (Chang et al., 2013b; Diederich et al., 2017; Hsiao et al., 2016). In addition, we
11 found that ouabain and reevesioside A inhibited A549 cell grow with an IC_{50} value of 33.8 ± 4.2 nM
12 and 50.4 ± 8.5 nM (Figure 3B-a). Since FGF2/FGFR1 signaling is involved in angiogenesis, cell
13 growth, proliferation, and survival (Ornitz and Itoh, 2015; Raju et al., 2014; Sandhu et al., 2014), we
14 further dissected its role in A549 cell growth. SU5402, an inhibitor of FGFR1, weakly inhibited the
15 growth of A549 cells, with an IC_{50} value of 33.2 ± 2.4 μ M (Figure 3B-a); and not only antagonized
16 ouabain-induced FGFR1 phosphorylation (Figure 3A) but also the growth inhibition of A549
17 carcinoma cells by reevesioside A (Figure 3B-b).

18

19 **3.4 Cardenolides promoted FGF2 export in A549 cells by activation of ERK1/2** - To elucidate

1 the underlying mechanisms by which the cardenolides induce FGF2 export in A549 cells, we first
2 examined whether blockage of the unconventional route for FGF2 would affect FGF2 export (Ebert
3 et al., 2010; Florkiewicz et al., 1998; Nickel, 2007, 2011; Nickel and Seedorf, 2008; Zacherl et al.,
4 2015). Neither the PI3K inhibitor LY294000 nor the Tec inhibitor LFM-A13 decreased FGF2 export.
5 As expected, the exocytosis inhibitor MeNH₂ (Monti et al., 2013) failed to decrease ouabain-induced
6 FGF2 export (Figure 4A). Therefore, we proceeded to examine the effect of MAPK inhibition, since
7 modulations of Na⁺/K⁺-ATPase (Haas et al., 2000; Haas et al., 2002; Ono et al., 2016;
8 Rajamanickam et al., 2017) and FGF2/FGFR1 (Harding and Nechiporuk, 2012; van der Noll et al.,
9 2013; Yang et al., 2008) both are able to activate downstream MAPKs. ERK1/2, JNK1/2, and p38 in
10 A549 cells were found to be activated (phosphorylated) upon ouabain treatment and MPK1 protein
11 levels decreased (Figure 4B). However, only the ERK1/2 inhibitor U0126 was able to significantly
12 decrease the FGF2 export in a dose dependent manner (Figure 4C). Thus, ERK1/2 signaling plays a
13 fundamental role in FGF2 export.

14 MTS and trypan blue staining were performed to clarify that the cell death or leaky cells were
15 not associated with the reduced or increased secretion of FGF2 by different treatments. While there
16 are increased or decreased FGF2 secretion upon different treatments (Figure 4A & C), but no
17 significant difference in their relative cell viability were found from all co-treatments as assayed by
18 MTS (Figure 4D-a). Moreover, trypan blue staining was utilized to look for relative dead or leaky
19 cell numbers as shown in Figure 4D-b. Results from all the co-treatments that resulted the increased

1 FGF2 secretion all did not have significant change in relative cell population stained by trypan blue
2 compared to ouabain treatment alone. The co-treatments of ouabain with U0126, which decreased
3 the FGF2 secretion, also exhibited a decrease in the relative population of trypan blue stained cell
4 population compared to ouabain treatment alone. This could be reasoned that U0126 reduced the
5 secretion of FGF2 induced by ouabain and therefore decreased the subsequent endocytosis events for
6 FGFR1, thus the uptake of trypan blue into cells (Suganuma et al., 1989) was also decreased.

7

8 **3.5 Ouabain triggered EGFR-associated activation of ERK1/2, which contributed to the**

9 **ERK1/2 activation for FGF2/FGFR1 activation** - ERK1/2 activation triggered by cardenolide

10 binding to the Na⁺/K⁺-ATPase complex was associated through the signalosome with EGFR (Haas et
11 al., 2000; Haas et al., 2002; Ono et al., 2016; Rajamanickam et al., 2017). We found that ouabain
12 treatment also induced phosphorylation of EGFR in addition to ERK1/2 phosphorylation. The EGFR
13 inhibitor gefitinib was able to specifically and significantly decrease both the degree of ouabain
14 induced ERK1/2 phosphorylation and the consequent FGFR1 phosphorylation/activation, but had no
15 significant effect on the ouabain induced diminishment of MKP1 or the phosphorylation of JNK
16 (Figure 5).

17

18 **3.6 The MKP1 inhibitor NSC95397 mimicked the cardenolide-induced MKP1 diminishment to**

19 **activate ERK1/2 phosphorylation and FGF2/FGFR1 signaling** - ERK1/2 phosphorylation is

1 down regulated by MKP1 (Arrizabalaga et al., 2017; Cao et al., 2017). The MKP1 inhibitor
2 NSC95397 was used to inhibit MKP1 enzymatic activity and thereby mimic cardenolide-mediated
3 MKP1 diminishment. NSC95397 treatment increased the ERK1/2 phosphorylation in a dose
4 dependent manner (Figure 6A) and activated the subsequent FGF2/FGFR1 signaling (Figure 6B).
5 Moreover, depletion of Na⁺/K⁺-ATPase α 1 did not affect the protein level of MKP1 (Figure 6C).

6 Therefore, we conclude that ouabain induced FGF2 export is caused by ouabain-mediated
7 ERK1/2 activation through EGFR activation and MKP1 diminishment. EGFR activation (Figure 5)
8 and MKP1 diminishment (Figure 6) by ouabain were independent of each other, since the EGFR
9 inhibitor gefitinib had no significant effect on the ouabain induced diminishment of MKP1 (Figure 5)
10 and the diminishment of MKP1 by ouabain was not associated with Na⁺/K⁺-ATPase α 1 (Figure 6C).

12 **4. Discussions:**

13 Functional Na⁺/K⁺-ATPase complex hydrolyzes ATP to generate energy for the exchange of
14 two K⁺ ions with three Na⁺ ions. Cardenolides inhibit this process by binding to the α catalytic
15 subunit of Na⁺/K⁺-ATPase, which causes it to undergo a conformation change (Agrawal et al., 2012;
16 Diederich et al., 2017; Pavlovic, 2014). The Na⁺/K⁺-ATPase / cardenolide complex also forms
17 various signalosomes which trigger a diverse range of cellular signaling pathways.

18 Na⁺/K⁺-ATPase complex is mainly associated with signalosomes in caveolae through direct
19 interaction with caveolin, Src, PI3K etc. Several associated signalings have been reported. For

1 instance, Na⁺/K⁺-ATPase complex is coupled with Src/EGFR complex to trigger downstream
2 signaling, e.g. ras/raf/MEK/ERK cascade(Haas et al., 2002); is associated with PI3K signalosomes,
3 e.g. PKC-PI3K or PI3K-PDK1, with a multitude of biological consequences (Yang et al., 2018);
4 interacts with caveolin associated cardiotoxic steroid-induced signal transduction (Quintas et al.,
5 2010). However, ouabain increased the pump activities of Na⁺/K⁺-ATPase complex in cells where
6 expression of caveolin was knocked out, but was unable to activate the Src-ERK1/2 (Quintas et al.,
7 2010) or PI3K- α -ERK1/2 (Bai et al., 2016) axes for signal transduction. Therefore, Na⁺/K⁺-ATPase
8 may interact with or form different signalosomes to trigger and transduce signaling for various cellular
9 events depending on the specific content of the cells, e.g. FGF2 export. These interplays, correlations,
10 and the associated underlying mechanism of action remain to be uncovered.

11 Herein, we present the unprecedented finding that cardenolides up-regulate FGF2 export in
12 A549 carcinoma cells, despite having been shown to down-regulate it in transfected primate cells
13 with ectopically expressed FGF2 and Na⁺/K⁺-ATPase α -catalytic subunit (Dahl et al., 2000;
14 Florkiewicz et al., 1998). We suggest that differences in the contents of the cells used may account
15 for this differentiated regulation for FGF2 export.

16 Based on our findings, we conclude that cardenolide treatment triggers activation of EGFR and
17 downregulation of MKP1 protein levels, and thereby these independent upstream signalings
18 converge to ultimately activate ERK1/2, which significantly promotes FGF2 export. The released
19 FGF2 in turn acts as an endocrine to bind and activate FGFR1 at the cell surface, for further

1 signaling cascades.

2

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9

10 **6. AUTHOR CONTRIBUTIONS**

11 G.H.Z. and Y.Q.Q. performed most of the biochemistry, and molecular biology experiments. C.W.Y.
12 performed parts of the biochemistry, and molecular biology experiments. I.S.C. and C.Y.C. advised
13 with the concept. S.J.L., G.H.Z., Y.Q.Q., and C.W.Y. participated in the design and analysis of
14 various experiments. G.H.Z., Y.Q.Q., and S.J.L. interpreted the data and wrote the manuscript. S.J.L.
15 supervised the experimental design, the interpretation of the data, and the composition of the
16 manuscript.

17

18 **7.CONFLICT OF INTEREST**

19 The authors declare no conflict of interest.

1

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25

26

27 LEGENDS OF FIGURES

- 28 **Figure 1. The cardenolides ouabain and reevesioside A regulate FGF2/FGFR1 in a dose- and**
29 **time-dependent manner.** The chemical structures of ouabain and reevesioside A (A). Treatment of
30 A549 carcinoma cells with ouabain or reevesioside A decreased cellular FGF2 protein levels but
31 increased the phosphorylation levels of its receptor FGFR1 at tyrosine 766 in proportion to dose (B)

1 and over time (C), while the secreted FGF-2 in the cultured medium increased (D). Quantification
2 and statistical significance analysis of B-a and C-a are shown in B-b and C-b. A549 carcinoma cells
3 were seeded and treated in RPMI-1640 medium with 1% FBS prior to western immunoblot analysis
4 with indicated antibodies. In the dose response experiment, the cells were treated with compounds at
5 the indicated concentration for 6 hr; in the time course experiment, the most effective doses of
6 reevesioside A or ouabain in B was used and thus the cells were treated with vehicle (0.01 %
7 DMSO), reevesioside A (600 nM) or ouabain (300 nM) for the indicated time in C. The
8 enzyme-linked immunosorbent assay (ELISA; R&D Systems) was used to measure the relative
9 extracellular FGF2 in culture supernatant upon reevesioside A or ouabain treatment (D-a) at the
10 indicated concentration for 6 hr in RPMI-1640 medium containing 1% FBS; at the same time, crystal
11 violet live cell staining was performed to verify the integrity of cell membrane for the duration of the
12 analyses (D-b). The culture supernatants from A549 carcinoma cells were collected and centrifuged
13 at 1000 g for 5 min prior to crystal violet live cell staining to remove particulates. Dimethylsulfoxide
14 (DMSO, Sigma-Aldrich) was used as vehicle at 0.01 %. ELISA measurements for FGF2 were
15 carried out in duplicate for each independent experiment. The results shown are representative of
16 three independent experiments. Quantification shown are averages \pm S.D. of 3 independent
17 experiments A 2-tailed unpaired Student's t test was applied to estimate the significance between two
18 group. *, $p < 0.05$; **, $p < 0.01$; ***, $p < 0.001$. NTC, no template control.

19

1 **Figure 2. Neither transcription nor proteolysis contributed to the decrease in intracellular**
2 **protein levels of FGF2 upon treatment of cardenolides. A.** Effects of reevesioside A or ouabain
3 on the transcriptional expression of FGF2. Semi-quantitative RT-PCR analyses of the mRNA levels
4 of FGF2 upon treatment with reevesioside A or ouabain at the indicated concentrations for 6 hr.
5 (A-a). Quantification of the mRNA levels of FGF2 in EtBr (ethidium bromide)-stained agarose gels
6 after normalization with 18S as an internal loading control by Image-J software (A-b). **B.** Effects of
7 MG132 on intracellular FGF2 and FGFR1, upon cardenolide treatment. The pre-treatment of MG132,
8 a proteasome inhibitor, for 0.5 hr prior to treatment with indicated concentrations of reevesioside A
9 for another 6 hr (B-a). Semi-quantitative RT-PCR (A) or immunoblot (B) analyses were performed
10 with indicated primer pairs or antibodies after treatment in A549 carcinoma cells in RPMI-1640
11 medium containing 1% FBS. The vehicle control was treatment of 0.2% DMSO for the duration of
12 pharmacological inhibition of proteasome by MG132. The effective doses of MG132, 10 and 30 μ M,
13 were used herein. The results shown are representative of 3 independent experiments. Quantification
14 shown are averages \pm S.D of 3 independent experiments. *, $p < 0.05$; **, $p < 0.01$; ***, $p < 0.001$.

15
16 **Figure 3. SU5402, an inhibitor of FGFR1, antagonized FGFR1 activation and cell growth**
17 **inhibition by cardenolides. A.** SU5402 antagonized the FGFR1 phosphorylation induced by
18 ouabain. The A549 carcinoma cells were seeded, treated and analyzed at 6 hr as described in Figure
19 1 prior to western immunoblot analysis with indicated antibodies. The effective doses of SU5402, 10

1 and 30 μ M, were used to antagonize the FGFR1 phosphorylation induced by ouabain. **B.** SU5402
2 antagonized the cell growth inhibition by cardenolides. B-a. Growth inhibition curves of ouabain,
3 reevesioside A, and SU5402 against A549 carcinoma cells. B-b. SU5402 antagonized the A549 cell
4 grow inhibition by reevesioside A. The cellular responses were analyzed after compound treatment
5 for 6 h in A and cell viability after compound treatment for three days in B. Combination index (CI)
6 values were estimated for the drug effect of SU5402 upon the treatment of reevesioside A using
7 CalcuSyn software (Biosoft). Both drugs were applied with a series of two-fold dilutions from the
8 highest concentrations, 600 nM and 30 μ M respectively, as in a drug ratio of 20 for the combination
9 treatment experiment. The CI values represent the synergic, additive, or antagonistic effect of the
10 drugs at effective doses of 50%, 75% or 90% (ED_{50} , ED_{75} , ED_{90}). Values below 0.8 are interpreted as
11 a synergistic effect; between 0.8 and 1.2 as an additive effect; and above 1.2 as an antagonistic effect.
12 Growth inhibition were carried out in duplicate for each independent experiment. The results shown
13 are presentative of 3 independent experiments. Quantification shown are averages \pm S.D. of 3
14 independent experiments. *, $p < 0.05$; **, $p < 0.01$; ***, $p < 0.001$.

15
16 **Figure 4. Cardenolides activated ERK1/2 to promote FGF2 export in A549 cells.** A. Neither the
17 PI3K inhibitor LY294000 nor the Tec inhibitor LFM-A13 nor the exocytosis inhibitor MeNH₂
18 decreased FGF2 export by ouabain. **B.** Ouabain activated MAPKs and diminished MKP1 protein
19 levels. **C.** ERK1/2 inhibition by U0126 diminished the FGF2 secretion induced by ouabain. For A &

1 **C**, the relative extracellular FGF2 in culture supernatant was measured by an ELISA kit. A549
2 carcinoma cells were pre-treated with escalated doses of LY294002, MeNH₂, LFM-A13, U0126,
3 SP600125 or SB203580 for 30 min and co-treated with ouabain for 6 hr in 1% FBS RPMI-1640
4 medium. The culture supernatants were collected and cell debris were removed by centrifugation at
5 1000 g for 5 min. For **B**, A549 cells were incubated with reevesioside A or ouabain for 6 hr before
6 sample collection for followed western analysis with the indicated antibodies. ELISA measurements
7 for FGF2 were carried out in duplicate for each independent experiment. **D**. MTS and trypan blue
8 staining for cells from different co-treatments. MTS and trypan blue staining were performed to
9 clarify that the cell death or leaky cells were not associated with the reduced or increased secretion of
10 FGF2 by different treatments for 6 hr as in **A** and **C**. MTS and Trypan blue staining experiments
11 were carried out in duplicate for each independent experiment. The results shown are representative
12 of 3 independent experiments. Quantification shown are averages \pm S.D. of 3 independent
13 experiments, and each in duplicate for **A** & **C**. The two-tailed unpaired Student's t test was used for
14 statistical analyses. *, $p < 0.05$; **, $p < 0.01$; ***, $p < 0.001$.

15
16 **Figure 5. The EGFR inhibitor gefitinib decreased ouabain-induced activation of EGFR and**
17 **downstream activation of ERK 1/2 but not JNK 1/2.** A549 cells were pre-treated with gefitinib for
18 30 min and then treated with ouabain for the indicated time in 1% FBS RPMI-1640 medium.
19 Pretreatment of 20 μ M gefitinib (an effective dose for inhibiting EGFR phosphorylation) in A549

1 cells diminished ouabain-induced activation and phosphorylation of EGFR, ERK and FGFR1, but
2 had no effect either on MKP1 protein levels nor JNK activation. The results shown are representative
3 of 3 independent experiments. Quantification shown are averages \pm S.D. of 3 independent
4 experiments. The two-tailed unpaired Student's t test was used for statistical analyses. *, $p < 0.05$; **,
5 $p < 0.01$; ***, $p < 0.001$. ns, not significant.

6
7 **Figure 6. MKP1 inhibition by NSC95397 resembled ouabain-induced activation of ERK1/2 and**
8 **FGF2/FGFR1. A.** ERK1/2 were phosphorylated in response to MKP1 inhibition by NSC95397 in a
9 dose-dependent manner. A549 cells were incubated with indicated concentrations of NSC95397 for
10 6 hr in 1% FBS RPMI-1640 medium. One of effective doses of NSC95397 (50 μ M) in A was chosen
11 for the followed experiment in B. **B.** NSC95397 and ouabain both mediated FGFR1 phosphorylation
12 and degradation. A549 cells were treated with NSC95397 or ouabain for 4, 5 and 6 hr in 1% FBS
13 RPMI-1640 medium prior to western immunoblot analysis. The results shown are representative of 3
14 independent experiments. C. Knockdown of Na⁺/K⁺-ATPase α 1 expression did not affect the MKP1
15 protein level. Na⁺/K⁺-ATPase α 1 is denoted ATP1A1. Validated knocked down cells were seeded
16 onto a 6 well-plate, 8×10^5 cells/well, and cultured for 24 h prior to harvesting for western analysis
17 with the antibodies indicated. Quantification shown are averages \pm S.D. of 3 independent
18 experiments. The two-tailed unpaired Student's t test was used for statistical analyses. *, $p < 0.05$; **,
19 $p < 0.01$; ***, $p < 0.001$.

1

2 **Figure 7. Illustrative scheme for the cardenolides induced converging Erk1/2 activation for**
3 **promoting FGF2 export and FGFR activation.**

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6 **AUTHOR CONTRIBUTIONS**

7 G.H.Z. and Y.Q.Q. performed most of the biochemistry, and molecular biology experiments. C.W.Y.
8 performed parts of the biochemistry, and molecular biology experiments. I.S.C. and C.Y.C. advised
9 with the concept. S.J.L., G.H.Z., Y.Q.Q., and C.W.Y. participated in the design and analysis of various
10 experiments. G.H.Z., Y.Q.Q., and S.J.L. interpreted the data and wrote the manuscript. S.J.L.
11 supervised the experimental design, the interpretation of the data, and the composition of the
12 manuscript.

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18 November-18-2019 “BCP_D-19-01245”

19

20 **Highlights:**

- 21 5) Cardenolides induced FGF2 secretion and FGFR1 phosphorylation in A549 cells.
22 6) Cardenolide ouabain triggered the EGFR associated ERK 1/2 activation.
23 7) Cardenolide ouabain diminished the MKP1 protein level and thus resulted in ERK 1/2 activation.
24 8) Cardenolides induced converged ERK1/2 activation to promote the FGF2 export in A549 cells.

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Journal Pre-proofs